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DIRECTIONS: Take one to two capsules daily, or use as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Do not use if tamper seal is damaged.

Estro Harmony™ is for women who want relief from menopausal hot flashes and support for breast health. In addition, research suggests that the ingredients in this formula can also benefit cardiovascular status and bone remodeling. This all-natural formula delivers a proprietary blend of plant lignan extract and 8-prenylnaringenin (8-PN) from hops, at clinically relevant levels, to support the body's natural process of healthy aromatase activity and exert phytoestrogen (e.g., enterolactone) and antioxidant activity.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or preservatives.

ESTRO|HARMONY™

by XYMOGEN®

Breast Health and Menopausal Hot Flash Support*

DIETARY SUPPLEMENT
60 vegetable capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Estro Harmony Proprietary Blend	80 mg	**
Norway spruce lignan extract (<i>Picea abies</i>)(knot wood) (90% hydroxymatairesinol potassium acetate) and 8-prenylnaringenin (from hops extract)(<i>Humulus lupulus</i>)(cones)		

** Daily Value not established.

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), stearic acid, magnesium stearate, and silica.

All XYMOGEN® Formulas Meet or Exceed cGMP Quality Standards.

ZLB-ESTRO-01

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Exclusive Professional Formulas

6900 Kingspointe Pkwy. Orlando, FL 32819

www.xymogen.com 800-647-6100

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