provides an advanced comprehensive formula for strong healthy bones. By combining the bone building benefits of high quality calcium citrate, Vitamin D and a full spectrum of complimentary minerals, Calcium Plus offers the latest nutritional advances in bone health and is an excellent bone-supporting formula for men and women of all ages.\*

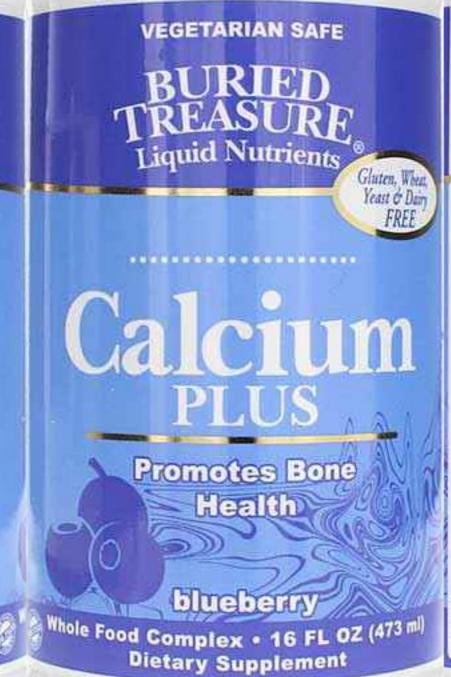
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DIRECTIONS: SHAKE WELL BEFORE EACH USE. REFRIGERATE AFTER OPENING. BEST IF USED WITHIN 45 DAYS FROM OPENING. Adults should take 1 tablespoon twice daily (morning and evening). Can be mixed with milk or juice. Do not take on an empty stomach

This product is wheat, gluten, yeast and dairy free.

CAUTION: Pregnant and nursing women should check dosage with their healthcare professional. Keep out of reach of children. Contains Soy.

"This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, our or prevent any disease.



## **Supplement Facts**

Serving Size 2 Tbsp. 30 mL Servings per container 16

	Amount per Serving	% Daily Value
Calories	12	
Total Fat	0 g	0%
Cholesterol	0 mg	1100
Sodium	16 mg	
Total Carbohydrates	3 g	1.5%*
Sugar	3 g	1
Vitamin C (ascorbic acid)	60 mg	66%
Calcium, elemental (as calcium citrate)	1000 mg	78%
Vitamin D (ergocalciferol)	10 mcg	50%
(as potassium lodine)	100 mcg	66%
Magnesium (as magnesium aspartate	500 mg	120%
Zinc Gluconate	15 mg	136%
Selenium (as selenium chelate)	50 mcg	91 %
Manganese (as manganese citrate)	10 mg	500%
Chromium (as chromium picolinate)	35 mcg	286%
Potassium (as potassium citrate)	40 mg	1%
Silicon Rice Chelate	75 mg	Ť
Boron (as boron citrate)	3 mg	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. † Daily Value not established.

Other ingredients: Pure mountain water, vegetable systeme, cane sugar, natural blueberry oil, maic acid, kanthan gum, guar gum, natachloride, polytysine (to ensure feshness) and nisin (naturally ensures freshness).