



Supplement Facts

Serving Size: 1 Stick Pack

Servings Per Container: 20

	Amount Per Serving	% DV
Vitamin B6 (as pyridoxine HCl)	4.3 mg	250%
Vitamin B12 (as methylcobalamin)	19.2 mcg	800%
Pantothenic Acid (Vitamin B5)	20 mg	400%
Phosphorus (as potassium phosphate)	40 mg	3%
Magnesium (as magnesium oxide)	60 mg	14%
Chloride (as sea salt)	170 mg	8%
Sodium (as sea salt)	110 mg	5%
Potassium (as potassium phosphate)	100 mg	2%

Amino Recovery Matrix (micronized, fermented) (6 g) †

BCAAs 2:1:1 Ratio (L-Leucine 1,250 mg, L-Isoleucine 625 mg, L-Valine 625 mg), L-Arginine 550 mg, L-Citrulline 550 mg, L-Glutamine 550 mg, Taurine 550 mg, L-Tyrosine 550 mg L-Lysine HCl 350 mg, L-Threonine 300 mg, DL-Phenylalanine 50 mg, L-Histidine HCl 50 mg, DL-Methionine 25 mg

Energy & Focus Matrix (160 mg) †

Green Coffee Bean Extract (yielding 100 mg caffeine) 102 mg, Green Tea Leaf Extract [(*Camellia sinensis*) (std. to 95% polyphenols, 45% EGCG) 58 mg]

Electrolyte Hydration Matrix (624 mg) †

Himalayan Pink Sea Salt 294 mg, CocoPure™ (coconut water powder) 250 mg, Potassium Phosphate 227 mg, Magnesium Oxide 103 mg

† Daily Value (DV) not established.