

FOOD SUPPLEMENT

60 vegan capsules

- Liboost®, a superior standardised damiana extract
- Female focused botanicals
- Natural source, no synthetics
- Scientifically dosed

Ingredients: Fenugreek seed extract, damiana (*turnera diffusa*) leaf extract (Liboost®), capsule shell (hydroxypropyl methylcellulose), tribulus terrestris standardised extract, Korean ginseng (panax ginseng) extract, shiitake mushroom fruiting body (contains **celery**).

Allergy advice: see ingredients in **bold**.

HIGHER NATURE®



True Food Rekindle for Women

Keep the flame burning
with nature's sexiest
plant powered blend



Directions: Adults take 2 capsules daily with a meal. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Warning: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product.

Storage: Store in a cool, dry place out of reach of children.

Liboost® is a registered trademark of Pharmaceute Biotech Products, S.L.U.

Other formulas in our growing True Food range for women are

True Food Vitality and **True Food Clarity**.



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TREK-128-01 TREK060/101

FOOD SUPPLEMENT

Product information:
Two capsules typically provide:

	56NVR ¹	
Fenugreek seed extract (4)	480mg	
equivalent to fenugreek seed powder	720mg	
Liboost® damiana (<i>turnera diffusa</i>) leaf extract	300mg	
providing 15% bioflavonoids		
Tribulus terrestris standardised extract	150mg	
providing 40% saponins		
Korean ginseng extract 10:1	100mg	
equivalent to Korean ginseng powder	1000mg	
Zinc (from shiitake)	4mg	40
NVR ¹ = Natural Reference Value		

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Allergy advice: see ingredients in **bold**.

HIGHER NATURE®



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5 synergistic ingredients with
scientifically backed Liboost®



Natural source, no synthetics
60 vegan capsules

True Food Rekindle for Women

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- Female focused botanicals
- Works on mind and body*
- Scientifically dosed

*Zinc contributes to normal cognitive function, fertility and reproduction

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Third party tested
for quality assurance

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PRODUCT INFO

The genuine real food supplement

Drawing on 30 years of expertise, Higher Nature True Food® supplements are carefully crafted to help keep you at your best.

Unlike other brands, we're not adding synthetic nutrients to yeast, bacteria or food pastes, we blend together real whole foods such as fruits, vegetables, mushrooms, herbs and seeds in order to create a naturally nutrient rich supplement that works better for you.

As these supplements are derived from real food ingredients your body already recognises, they are more biologically active, delivering their benefits faster than alternatives.

Wholly without synthetics, you can feel assured that your supplements are working in harmony with your body rather than against it, allowing you to live your life to its absolute fullest.

Higher Nature - pioneer of
food-based supplements since 1994.

True Food® is a registered trademark of Higher Nature Ltd.

