

DIRECTIONS: Adults take 1 capsules daily as a dietary supplement, preferably after dinner before go to sleep and plenty of water. Store in a cool & dry place.
Keep bottle tightly closed.

CAUTION: Do not exceed recommended dose. Consult your healthcare professional before use this product if you are a person with known medical condition. Do not use if you are under 18 years old, pregnant or breastfeeding.

DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING
KEEP OUT OF REACH OF CHILDREN

Manufactured by: NATURAL GINGER CORP for JONAUS CORP
7321 NW 73 Court, Medley, FL 33166 - USA. www.naturgin.com



MAGNESIUM COMPLEX

All in One Capsule
Magnesium + Potassium

Adults

90
Veggie Capsules
(90 days supply)

Supplement Facts

Serving size: 1 Capsule	Servings per Container: 90	
	Amount per Serving	%DV**
Magnesium Citrate	460 mg	120%
Potassium Citrate	99 mg	2%

Other Ingredients: Plant-derived from Capsule
HPMC (Hydroxypropylmethylcellulose) from capsule.

** Daily Value (DV) not established.

** Percent Daily Value (DV) is based on a 2,000 calorie Diet

Magnesium fulfills the function of pairing with Insulin and Potassium to trap glucose found in the bloodstream and carry it into the cells, removing sodium and allowing the process of ATP production, which are the energy units that the body needs to move and be active. This chemical process reduces fluid retention, helping to regulate blood pressure, sleep and the body's metabolism.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.