

DIRECTIONS: Adults take 2 capsules daily as a dietary supplement, preferably before 4pm with empty stomach and plenty of water. Avoid to use it before go to sleep. Store in a cool & dry place. Keep bottle tightly closed.

CAUTION: Do not exceed recommended dose. Consult your healthcare professional before use this product if you are a person with known medical condition. Do not use if you are under 18 years old, pregnant or breastfeeding.

**DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING
KEEP OUT OF REACH OF CHILDREN**

Manufactured by: NATURAL GINGER CORP for JONAUS CORP
731 NW 73 Court, Medley, FL 33166 - USA. www.naturgin.com
+1 (786) 580-0881



Creatine

HCL Capsules

**ADVANCED FORMULA FOR
MUSCLE GROWTH**

Dietary Supplement

150 Veggie Capsules (75 Days Supply)

Adults

Supplement Facts

Serving size: 2 Capsules

Servings per Container: 75

Amount per Serving %DV*

Creatine HCL

1300 mg **

Other Ingredients: Plant-derived from Capsule
HPMC (Hydroxypropylmethylcellulose) from capsule,

** Daily Value (DV) not established.

- ✓ Provides additional ATP energy which improves high intensity exercise performance.
- ✓ Stimulates several key biological processes that lead to increased muscle growth and size.
- ✓ Creatine can increase both short- and long-term muscle mass growth.
- ✓ Provides your brain with additional energy improving memory and intelligence in people with low levels of creatine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Gluten Free

