

SUGGESTED USE: Adults take 3 capsules once a day or as directed by your qualified healthcare professional.

Support your body's everyday vitality. **Jarrow Formulas® Energy Optimizer™** features an energizing mushroom blend of fruiting bodies and mycelium (Cordyceps, Reishi, Lion's Mane, Shiitake, King Trumpet, and Turkey Tail) to support energy, endurance and vitality.* Combined with Sensoril® Ashwagandha, an adaptogen derived from the *Withania somnifera* plant known for its rejuvenating properties to support energy by helping to reduce occasional fatigue.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Sensoril® is a registered trademark of Kerry Group.

Do not use if safety seal is damaged or missing.
Lot #: Best Used Before:



PeakQ2® is protected by patents pending owned by Disruptive Nutrition, LLC and under exclusive global distribution by Compound Solutions, Inc.

**Jarrow
FORMULAS.**

VEGAN

Energy Optimizer™

MUSHROOMS  **ADAPTOGENS**

Support energy and endurance
for everyday vitality*



mycelium & fruiting bodies



gluten free

**90 VEGGIE
CAPSULES**

DIETARY SUPPLEMENT

ENERGY

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	<1 g	<1%†
Proprietary Blend	1000 mg	†
Cordyceps militaris (Cordyceps) (Mycelial Biomass and Fruit Body), Ganoderma lucidum (Reishi) (Mycelial Biomass and Fruit Body), Pleurotus eryngii (King Trumpet) (Mycelial Biomass and Fruit Body), Lentinula edodes (Shiitake) (Mycelial Biomass and Fruit Body), Hericium erinaceus (Lion's Mane) (Mycelial Biomass and Fruit Body), and Trametes versicolor (Turkey Tail) (Mycelial Biomass and Fruit Body), (as PeakQ2®).		
Sensoril® Ashwagandha (Withania somnifera) (Root and Leaf) Extract	250 mg	†

† Daily Value (DV) not established.

‡ Percent Daily Value is based on a 2000 calorie diet.

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropyl-methylcellulose), myceliated oats, silicon dioxide and magnesium stearate (vegetable source).

Distributed by Jarrow Formulas, Inc.
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No major allergens.



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