GNC
TOTAL LEAN®

LEAN SHAKE™ Burn

CALORIES 180 | PROTEIN 25G | CAFFEINE 100MG

Energizing meal replacement clinically proven to improve weight loss^
As much caffeine as an 8-oz. cup of coffee

GLUTEN FREE

VANILLA LATTE
NATURAL & ARTIFICIAL FLAVORS

12-14 FL. OZ. (414 ML) BOTTLES—(168 FL. OZ.)(4.96 L) • 12 SERVINGS

CODE 333036 KWS

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening. Do not take before bedtime.

Nutrition Facts

12 Servings Per Container

Serving Size One Bottle 14 FL. oz. (414 mL)

Amount Per Serving		
Calories	**180**	
		% Daily Value*
Total Fat 6g		8%
Saturated Fat 3g		15%
Trans Fat 0g		
Cholesterol 20mg		7%
Sodium 330mg		14%
Total Carbohydrate 8g		3%
Dietary Fiber 3g		11%
Total Sugars 3g		
Includes 0g Added Sugars		0%
Protein 25g		50%

Vitamin D	5mcg (200 IU)	25%	•	Calcium	500mg	40%
Iron	5mg	30%	•	Potassium	320mg	6%
Vitamin A	225mcg RAE	25%	•	Vitamin C	23mg	25%
Vitamin E	4mg	25%	•	Vitamin K	30mcg	25%
Thiamin	0.3mg	25%	•	Riboflavin	0.3mg	25%
Niacin	4mg	25%	•	Vitamin B-6	0.4mg	25%
Folate	100mcg DFE (60mcg Folic Acid)	25%	•	Vitamin B-12	0.6mcg	25%
Biotin	7.5mcg	25%	•	Pantothenic Acid	1.3mg	25%
Phosphorus	600mg	50%	•	Iodine	38mcg	25%
Magnesium	100mg	25%	•	Zinc	2.8mg	25%
Selenium	14mcg	25%	•	Copper	0.2mg	20%
Manganese	0.6mg	25%	•	Chromium	9mcg	25%
Molybdenum	9mcg	25%				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

INGREDIENTS: Filtered Water, Milk Protein Concentrate, Milk Protein Isolate, Coffee and Less than 2%: Acesulfame Potassium, Caffeine, Calcium Caseinate, Caramel (Color), Carrageenan, Cellulose Gel, Cellulose Gum, DATEM, Decaffeinated Green Tea (Camellia sinensis) Leaf Extract, Dextrose, Dibofyl Sebacate, Ethyl Cellulose, Lactase, Maltodextrin, Natural & Artificial Flavors, Salt, Sucralose, Sunflower, Safflower and/or Canola Oil, Vitamin & Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Retinyl Palmitate, Niacinamide, Phytonadione, Potassium Iodide, Calcium d-Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

CONTAINS: MILK.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. This product contains EGCG from green tea.

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision. This product contains 100 mg of caffeine.

^A randomized clinical study consisting of 189 healthy participants compared the use of Lean Shake® 25 Ready to Drink in conjunction with a meal & exercise plan (total daily calorie intake of 1,500 calories) to a 1,500-calorie diet & exercise plan alone. This study resulted in nearly twice as much total weight loss (-18 vs. -9.9 pounds), along with improvements in Body Mass Index (BMI) among the Lean Shake® 25 RTD users at the end of 12 weeks. Meal & exercise plan available at www.totallean.com

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience, visit www.totallean.com.

Cf GLUTEN FREE

Available in these great-tasting flavors

Vanilla Latte | Chocolate Mocha