

The Perfect Balance of All Eight B Vitamins

These essential nutrients are delivered via a patented Bioactivated Absorption System™ to support energy, metabolism, heart health & cell renewal.* Plus biotin for healthy hair, skin & nails.*



**NO Artificial Flavors, Sweeteners,
Colors, or Preservatives**

Shaklee®

B-Complex

**Supports energy, metabolism,
heart health & cell renewal***

240
TABLETS

Dr Shaklee



DIETARY SUPPLEMENT

DIRECTIONS: Take 2 tablets daily.

NQ162A

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 120

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1 g	<1%**
Thiamin (as thiamine mononitrate)	20.25 mg	1,688%
Riboflavin	22.95 mg	1,765%
Niacin (as niacinamide)	270 mg	1,688%
Vitamin B ₆ (as pyridoxine hydrochloride)	27 mg	1,588%
Folate	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	81 mcg	3,375%
Biotin (as d-biotin)	300 mcg	1,000%
Pantothenic Acid (as d-calcium pantothenate)	135 mg	2,700%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Torula Yeast, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Hydroxylated Soy Lecithin.



Distributed by Shaklee Corporation, 4747 Willow Road,
Pleasanton, CA 94588 • Product questions: 925.734.3638

Seal under cap for your protection. See bottom for exp. date.
Manufactured in a facility that may also process peanuts,
tree nuts, milk, egg, soy, wheat, shellfish, and fish.

U.S. Patent No(s)
6,465,013 & 6,852,335

Item #20194

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.