

Other Ingredients: Vegetable Cellulose. Contains <2% at Calcium Silicate, Maltodextrin, Mannitol, Silica, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk and soy ingredients.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Avoid this product if you are allergic to ragweed, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 17394
www.puritan.com
 1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
 Fort Monmouth, NY 11775 U.S.A.
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Puritan's Pride
**ULTRA
 WOMAN™
 50 PLUS
 DAILY MULTI**

Performance Formula Targeted
 for Women Over 50

★
HIGH POTENCY

DIETARY SUPPLEMENT

120 Coated
 Caplets

Supplement Facts

Serving Size 2 Caplets
 Servings Per Container 60

Amount Per Serving	%Daily Value*	Amount Per Serving	%Daily Value*
Vitamin A (as Retinyl Acetate)	1,500 mcg 187%	Chromium (as Chromium Picolinate)	200 mcg 17%
Vitamin C (as Ascorbic Acid)	200 mg 222%	Molybdenum (as Sodium Molybdate)	75 mcg 16%
Vitamin D (as D3 Cholecalciferol)	50 mcg (2,000 IU) 250%	Potassium (as Potassium Chloride)	30 mg 6%
Vitamin E (as Alpha Tocopheryl Acetate)	20.1 mg 134%	Vanadium (as Sodium Metavanadate)	10 mcg
Vitamin K (as Phytylanedione)	80 mcg 67%	Alpha Lipoic Acid	10 mg
Niacin (Nicotinamide)	30 mg 2,500%	Inositol	1 mg
Thiamin (Thiamine Mononitrate)	30 mg 2,368%	UWSB+ Collagen Blend	100 mg
Riboflavin (Riboflavin B-2)	30 mg 2,368%	Collagen (Hydrolyzed Gelatin), Resveratrol (from Polygonum cuspidatum Extract) (root), Coenzyme Q-10, Lutein	
Nicotinamide	30 mg 188%	UWSB+ Antioxidant Blend	50 mg
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,765%	Echinacea (Echinacea purpurea) (aerial), Amla Extract, Beet Root (Beta vulgaris), Bilberry Extract (Vaccinium myrtillus) (fruit), Cinnamon (Cinnamomum burmanni) (bark), Citrus Bioflavonoid Complex (Citrus Aurum) (peel), Elderberry Concentrate (Sambucus nigra) (fruit), Gingko (Ginkgo biloba) (leaf), Green Tea Extract (Camellia sinensis) (leaf), Turmeric (Curcuma longa) (root), Pomegranate Extract (Punica granatum) (peel)	
Folate (400 mcg folic acid)	600 mcg DFE 167%	UWSB+ Herbal Blend	50 mg
Vitamin B-12 (as Cyanocobalamin)	30 mcg 1,250%	Chamomile (Matricaria inodora) (flower), Ashwagandha (Withania somnifera) (root), Black Cohosh (Actaea racemosa) (root), Cranberry (Vaccinium macrocarpon) (fruit), Lemon Balm (Melissa officinalis) (leaf), Milk Thistle (Silybum marianum) (seeds), Soy Isoflavone Complex, Wild Blackberry (Rubus sp.) (fruit)	
Biotin (as D-Biotin)	500 mcg 1,667%		
Pantoic Acid (as Calcium Pantothenate)	30 mg 600%		
Sodium	540 mg 42%		
(as Sodium Carbonate, Disodium Phosphate and Sodium Chloride)			
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium (as Magnesium Oxide)	100 mg 24%		
Zinc (as Zinc Oxide)	15 mg 136%		
Selenium (as Sodium Selenate)	200 mcg 364%		
Copper (as Cupric Oxide)	2 mg 222%		
Manganese (as Manganese Glucuronate)	2 mg 87%		

*Daily Values not established.