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SUGGESTED USE

TWICE DAILY
WITH A MEAL AND
8 OZ. H₂O

CAPSULE

FOR BEST RESULTS, USE FOR AT LEAST EIGHT WEEKS.
DO NOT EXCEED TWO CAPSULES PER DAY.

Taken to promote healthy menopause, **STAYING COOL** provides essential vitamins, minerals, and herbal extracts to support your your daily and nightly wellness.*

CAUTION: Keep out of reach of children. If you are pregnant, nursing, or taking any prescription medicine, consult your physician before taking this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CGMP
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IN THE USA

DISTRIBUTED BY

Eu Natural Inc
HENDERSON, NV
89052

EU  NATURAL®



STAYING COOL

VITEX & BLACK COHOSH

HOT FLASHES
MENOPAUSE RELIEF*

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin D (as Cholecalciferol)	2000IU	250%
Vitamin E (as d-Alpha Tocopheryl Succinate)	30 mg	200%
Thiamin (as Thiamine Hydrochloride)	12 mg	1000%
Riboflavin (Vitamin B2)	13 mg	1000%
Niacin (as Niacinamide)	8 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride)	8.5 mg	500%
Folate (L-Methylfolate)	1000 mcg	250%
Vitamin B12 (as Methylcobalamin)	12 mcg	500%
Pantothenic Acid (as Calcium Pantothenate)	5 mg	100%
Manganese (as TRAACS® Bisglycinate Chelate)	2.3 mg	100%
Zinc (as TRAACS® Bisglycinate Chelate)	11 mg	100%
Selenium (as Selenomethionine)	55 mcg	100%

STAYING COOL Menopause Complex 1g †
Black Cohosh Extract (root), Chaste Tree Extract (Vitex (berry)), Organic KSM-66® Ashwagandha Extract (root), Shatavari Extract (root), Hop Extract (flower), St. John's Wort Extract (aerial), Pueraria Mirifica Extract (root), Magnolia Extract (bark), BioPerine® Nutrient Enhancer (fruit), Boron (as Albion® Bororganic Glycine)

† Daily Value (DV) not established.

Other Ingredients: Cellulose (Vegetarian Capsule), Rice Extract
Zero Fillers, Zero Binders, Zero Artificial Ingredients
Gluten & Wheat Free, KSM-66® contains a milk-derivative

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EuNatural.com

60 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT



EU NATURAL®

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