

Suggested Use:

Take one to two servings 30 minutes prior to bedtime, or as directed by your physician. Start with 4 capsules to evaluate tolerance. New users and females may want to start with 1 or 2 capsules. Do not exceed 8 capsules in any 24-hour period.

Warning:

KEEP OUT OF REACH OF CHILDREN.

This product may cause drowsiness. Do not drive a motor vehicle or operate machinery after taking this product. Consult a physician before taking this or any other dietary supplement if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications. This product should not be taken by individuals under 18 years of age. Do not take this product or any sleep aid without consulting a physician. You should not use this product with other sleep aids, alcohol, or other medications. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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REST • RELAX • DREAM



GORILLA DREAM

SLEEP & RECOVERY FORMULA

VIVID DREAMS • DEEP SLEEP • WAKE UP REFRESHED

4 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin B6 (as Pyridoxal 5'-Phosphate)	35 mg	2059%**
Magnesium (as Magnesium Bisglycinate)	225 mg	54%**
Zinc (as Zinc Bisglycinate)	20 mg	182%**
GABA (Gamma-Aminobutyric Acid)	500 mg	†
Sensoril® Ashwagandha (Withania somnifera) root and leaf extract (minimum 10% withanolide glycolides)	250 mg	†
Lemon Balm Extract (Melissa Officialis)	200 mg	†
L-Theanine	200 mg	†
Valerian Extract (4:1 concentrate) (root)	75 mg	†
Chamomile Extract (4:1 concentrate) (flower)	62.5 mg	†
Hops Extract (4:1 concentrate) (flower)	50 mg	†
Skullcap Extract (4:1 concentrate) (Scutellaria Baicalensis) (root)	50 mg	†
Melatonin (Instant Release)	1.5 mg	†
MicroActive® Melatonin (Sustained Release)	1.5 mg	†

*Percent Daily Values (DV) are based on a 2000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Gelatin (Capsule), Hydroxypropyl Methyl Cellulose (Metolose), Sodium Alginate, Microcrystalline Cellulose, Carnuba Wax (plant extract), Magnesium Stearate, Silicon Dioxide

Sensoril®
vitalizing mind & body

Sensoril® is a registered trademark of Raptor, Inc. and is protected under U.S. patents 6,153,198 & 7,318,838

MicroActive®
Melatonin

MicroActive® is a registered trademark of BlackCherry, LLC



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