

**PROLAB® Beta Alanine Extreme®** is a dynamic blend of CarnoSyn® beta alanine and the amino acid L-Histidine, designed to delay muscle fatigue. Beta alanine floods the muscles with the specialized amino acid carnosine to work as a buffer against lactic acid buildup helping you to train at a higher intensity for a longer period of time before fatigue sets in.† You do your part. We'll do ours.®

**JOIN THE PROLAB NATION : [www.prolab.com](http://www.prolab.com)**

**Consult your healthcare professional** prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

\*This product is to be used in conjunction with a healthy diet and exercise regimen.

‡With a loading dose of 6,400 mg per day for 6 days.



Natural Alternatives International (NAI) is the owner of patents as listed on [www.carnosyn.com](http://www.carnosyn.com) and registered trademark CarnoSyn®.

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# BETA ALANINE EXTREME®

DIETARY  
SUPPLEMENT  
56 CAPSULES

**PROLAB**  
PERFORMANCE SIMPLIFIED®

**ENDURANCE  
RECOVERY  
STAMINA**

DELAYS MUSCLE  
FATIGUE†‡

**Directions:** Take 2 capsules, four times daily, with a meal.

## Supplement Facts

**Serving Size** 2 Capsules

**Servings Per Container** 28

**Amount Per Serving (2 Capsules) Per Day (8 Capsules)**

CarnoSyn® Beta Alanine 800 mg\* 3,200 mg\*

L-Histidine 75 mg\* 300 mg\*

\* Daily Value (DV) not established.

**Other Ingredients:** Rice Flour, Microcrystalline Cellulose, Magnesium Stearate, Gelatin.

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured exclusively for: **PROLAB Nutrition LLC**  
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