

Suggested Use: As a dietary supplement, take two (2) capsules once a day, with at least 8 oz. of water or as directed by a healthcare professional. Do not exceed recommended dosage in 24 hour period.

KEEP OUT OF REACH OF CHILDREN.

Caution: This product is not intended for pregnant or nursing mothers, children under the age of 18, or persons with a medical condition. Consult with your health care provider before using this or any dietary supplement.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Dr. Emil Nutrition | 3706 Butler Street
Pittsburgh, PA 15201 | 844-437-3645 | dremilnutrition.com



dr. emil

NUTRITION

EZ DOZE
plus

2 MG OF MELATONIN

**Time Released with B12
for an easy wake up***

DIETARY SUPPLEMENT
60 CAPSULES/30-DAY SUPPLY

NEW

Supplement Facts

Serving Size 2 Capsule(s)
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B6 (as Pyridoxine HCl)	6.23mg	366%
Folate (as Folic Acid)	12750mcg DFE	3,188%
Vitamin B12 (as Methylcobalamin)	156.80mcg	6,533%
Magnesium (as Magnesium Bisglycinate Chelate (TRAACS®))	20mg	5%
GABA (Gamma - Aminobutyric Acid)	350mg	**
St. Johns Wort (0.3% Hypericin) (<i>Hypericum Perforatum L.</i>)(Root)	200mg	**
Inositol	175mg	**
L-Theanine	175mg	**
Valerian Root Powder (<i>Valeriana officinalis</i>)	150mg	**
Lemon Balm 10:1	75mg	**
Passion Flower Extract 10:1	55mg	**
5-Hydroxytryptophan (5-HTP)	30mg	**
Lithium Orotate (9% elemental Lithium)	3.8mg	**
Melatonin	2mg	**

* Percent daily values are based on a 2,000 calorie diet.
** Percent daily value not established.

Other Ingredients: Magnesium Stearate, Microcrystalline Cellulose, Hypromellose.