

USAGE: Take 1 capsule 1 or 2 times per day with food or as directed by your qualified healthcare professional.

Jarrow Formulas® Blackcurrent + Lutein is a powerful formula for reducing eye fatigue and supporting eye function.*

New Zealand Blackcurrants are among the most antioxidant-rich berries, due to the high content of polyphenol pigments (anthocyanosides) that lend the berries their rich purple color. Blackcurrants are particularly noted for their protective effects on eye health, eye discomfort and visual fatigue.* Lutein and zeaxanthin, antioxidant carotenoids found in dark green, leafy vegetables, are important components of the macular pigment in the eye.* The macula is responsible for focus and color differentiation, and the macular pigment protects the eyes from ultraviolet radiation and oxidative stress.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS®

From
New Zealand

Blackcurrent +Lutein

**Supports Eye Function*
& Eye Comfort***

60
CAPSULES

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

	Amount Per Serving	% DV
Blackcurrent Freeze-Dried Extract (<i>Ribes nigrum</i> L.) (fruit) (20% polyphenols)	200 mg	*
Lutein (as esters) (<i>Tagetes erecta</i>) (Marigold petal extract)	10 mg	*
Zeaxanthin (as esters) (<i>Tagetes erecta</i>) (Marigold petal extract)	400 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

Suitable for vegetarians/vegans.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

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