

OMEGA-3

Nordic Naturals Omega-3 offers 690 mg of omega-3 fatty acids per serving. Adequate omega-3 intake is essential to support foundational health and overall well-being, including heart and brain function, as well as mood, cognition, and immunity.*

Certified Sustainable | **Superior Absorption** | **No Fishy Aftertaste**

SUGGESTED USE: Adults take two soft gels daily, with food, or as directed by your health care professional.

Store in a cool, dry place, away from sunlight. Do not take if tamper-evident seal is broken or missing. Keep out of reach of children.

Warning: Consult with your physician before taking this product if you have a known medical condition, are taking medications (including blood thinners), or if you are allergic to iodine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Based on ClearCut, Nielsen, and SPINS annual sales data in the U.S.

This product and its ingredients do not contain common GE genes or proteins. Visit igenprogram.com



OMEGA-3

for cognition, heart health
and immune support*

#1
FISH OIL
BRAND IN
THE USA†



SUPERIOR
ABSORPTION

690 mg
OMEGA-3

OPTIMAL
WELLNESS

120 SOFT GELS • FISH OIL SUPPLEMENT

Please recycle this container

Rev. J1

Supplement Facts

Serving Size: 2 Soft Gels

Servings Per Container: 60

Amount Per Serving	% Daily Value**	
Calories	20	
Total Fat	2 g	3%
Total Omega-3s [‡]	690 mg	†
EPA (Eicosapentaenoic Acid)	330 mg	†
DHA (Docosahexaenoic Acid)	220 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

‡ Includes EPA, DHA, and Other Omega-3s.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural flavor), natural flavor, RRR-alpha tocopherol (antioxidant), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Fish oil processed in Norway | Manufactured in the U.S. by: Nordic Naturals, Mfg.
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