



SUGGESTED USE: 1 gummy taken 1 to 2 times daily or as directed by a healthcare professional.

CAUTION: Take only as directed. Do not exceed suggested dosage. Pregnant or nursing mothers, children under 18 or individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:
FuelSelf® Nutrition Systems, LLC
Everett, WA 98208 | 206-718-7613



FuelSelf®

Apple Cider Vinegar Gummies

With The Mother

60 Gummies
Dietary Supplement

Supplement Facts

Serving Size 1 Gummy
Servings Per Container: 60

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	3 g	1%†
Total Sugars	2 g	**
Includes 2g Added Sugars		4%†
Vitamin B-6 (as pyridoxine HCl)	0.5 mg	29%
Folate	200 mcg DFE	50%
	(120 mcg folic acid)	
Vitamin B-12 (as cyanocobalamin)	1.2 mcg	50%
Iodine (as potassium iodide)	50 mcg	33%
Apple Cider Vinegar Complex (fruit)	500 mg	**
Consisting of: apple cider vinegar powder (providing 5% total acid) and unrefined liquid apple cider vinegar		
Pomegranate Juice Powder (fruit)	40 mcg	**
Beet Root Juice Powder	40 mcg	**

†Percent Daily Value based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Glucose syrup, sugar, glucose, pectin, sodium citrate, citric acid, natural apple flavor, vegetable oil, purple carrot concentrate, and beta-carotene.

ALLERGEN WARNING: CONTAINS TREE NUTS (COCONUT).