

Suggested Use: As a dietary supplement, take three (3) capsules once a day. For best results, take 20-30 min before a meal or as directed by your healthcare professional.

Caution: Do not exceed recommended dose. Not intended for pregnant or nursing mothers or children under the age of 18. Individuals taking blood thinners, any other medications, or have any known medical conditions should consult a physician before using any herbal supplements. Discontinue use and consult your doctor if any adverse reactions occur. Not intended to treat obesity; consult a physician before beginning any weight loss program.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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NEW LOOK



SAME CRAFT

Irish Sea Moss

2,100mg COMPLEX

✓ Irish Sea Moss, Bladderwrack, Burdock Root

SUPERFOODS*

90 Capsules | 30-Day Supply
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 45

	Amount Per Serving	% DV
Organic Irish Moss (<i>Chondrus crispus</i>)(Whole Plant)	500mg	**
Organic Bladderwrack (<i>Fucus vesiculosus</i>)(Whole Plant)	500mg	**
Organic Burdock (<i>Arctium lappa</i>)(Root)	400mg	**
BioPerine® (Black Pepper Extract) (<i>Piper nigrum</i>)(Fruit)	5mg	**

** Daily Value (DV) not established.

Other Ingredients: Pullulan Capsules.

Manufactured Exclusively For: **Nature's Craft**
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Lot # and Best by date printed on the bottom of the bottle. V3R2

