

USAGE: Take 1/4 teaspoon, preferably dissolved in fluid or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Inositol is readily absorbed and used to produce the active inositides as necessary.* The various forms of inositol (phosphatidylinositol and inositides such as IP3) are active in cell-to-cell communication, (e.g., transmission of nerve impulses).* Tissues that are affected include the brain, liver and muscles.* Inositol (a.k.a., myoinositol) is an indirect source of glucuronic acid, which is essential to liver detoxification.* Inositol is derived from rice bran and is made in Japan by Tsuno Rice Fine Chemicals Co., Ltd.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS

Inositol

**Supports Liver Function*
and Cellular Detoxification***

NET WEIGHT

8 oz (227 g)
POWDER

DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 1/4 Teaspoon (600 mg)
Servings Per Container 378

	Amount Per Serving	% DV
Inositol	600 mg	*

* Daily Value not established.

Ingredient: Pharmaceutical grade Inositol.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool, dry place. DO NOT refrigerate.

Suitable for vegetarians/vegans.

Packaged by weight, not by volume.



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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Lot #. Best Used Before: