

**DOSAGE:** Take 4 chews daily. To take advantage of the full benefits of Animal Creatine Chews, take one serving every day. On training days, take one serving 30 min before the workout. On non-training days, take one serving in the morning.

**WARNING:** Not for use by those under the age of 18. Consult a physician before using this product. Athletes should consult with their sanctioning authority before use. California Residents: **WARNING:** Reproductive Harm - [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov). Store product in a cool, dry place, away from heat, moisture and sunlight.

**IRONCLAD QUALITY & GUARANTEE:** Made from premium ingredients sourced from around the world, our products are rigorously tested to meet the highest standards of quality. If you purchased this product and it has not met your requirements, let us know. For more information, visit: [animalpak.com/customer-service](http://animalpak.com/customer-service)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**EAC**



Universal Nutrition  
New Brunswick, New Jersey 08901 USA  
800-USA-0101 • 732-545-3130  
[www.animalpak.com](http://www.animalpak.com)



**MUSCLE STRENGTH†**

**MUSCLE BUILD†**

**PERFORMANCE†**

**ABSORPTION†**

**RECOVERY†**

## ANIMAL CREATINE CHEWS™

Animal Creatine Chews delivers one of the most highly researched and effective ingredients to help build muscle strength, size, and endurance – Creatine

Monohydrate. Research has also shown benefits to cognitive health. Combined with Astragin™, which has been clinically studied to aid in nutrient absorption, our delicious chewable tablets are designed to conveniently support your serious training regimen. With no need for water, shakers or powders, Animal Creatine Chews can be taken anytime, anywhere.†

# CREATINE CHEWS

CHEWABLE TABLETS **FRUIT PUNCH FLAVOR**

**Creatine Monohydrate**

Muscle Endurance† | Muscle Strength† | Helps Delay Fatigue†  
Dietary Supplement | 120 Chewable Tablets

Naturally & Artificially Flavored

## Supplement Facts

Serving Size 4 Chewables Servings Per Container 30

Amount Per Serving		%DV
Calories	16	
Total Carbohydrate	4g	1%*
Total Sugars	4g	**
Includes 4g Added Sugars		8%*
Sodium	10mg	<1%
Creatine Monohydrate	5g	**
Panax notoginseng Extract (root), Astragalus membranaceus Extract (root) (AstraGin™)	25mg	**
Sea Salt	25mg	**

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value (DV) not established.

**OTHER INGREDIENTS:** Sugar, dextrose, maltodextrin, stearic acid, natural and artificial flavor, magnesium stearate, citric acid, malic acid, beet root powder. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.