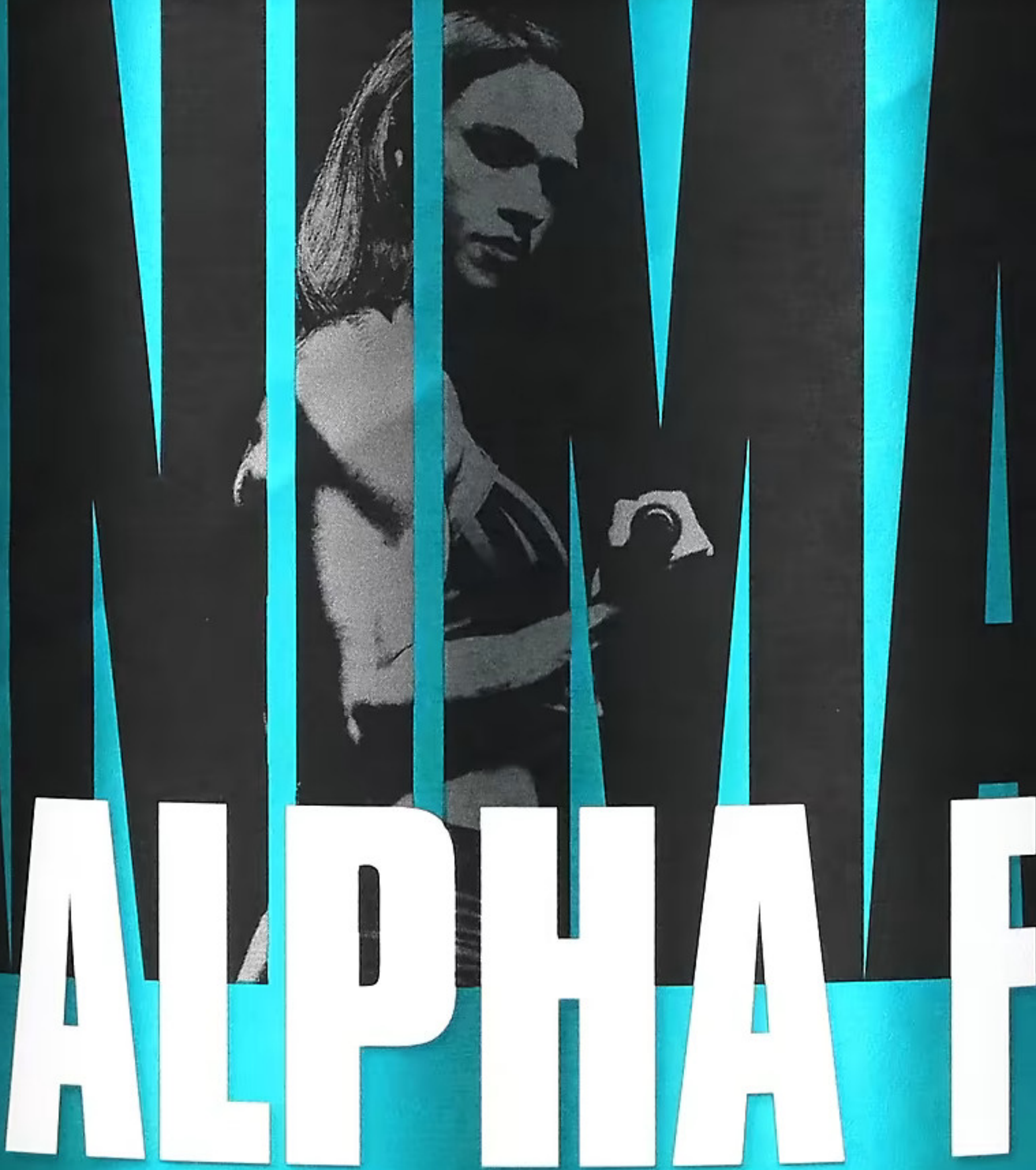


ANIMAL ALPHA F

For women who are training hard as F, we know you have uniquely specific performance and foundational requirements in the quest to reach your highest fitness potential. A woman who trains hard should demand a product that performs better for her body – enter Alpha F. This comprehensive product has been formulated to assist in balancing hormones, mood and stress, and supporting hair, skin, nail, bone health and more. Animal Alpha F should be in the gym bag of any woman who takes this game seriously.†

IRONCLAD QUALITY & GUARANTEE

Animal is dedicated to being the best in the business, no two ways about it. Made from premium ingredients sourced from around the world, our products are rigorously tested to meet the highest standards of quality. If you purchased this product and it has not met your requirements, let us know. For more information, visit: animalpak.com/customer-service



Women's Comprehensive Hormone Balance† & Health Pack

Hormone Balance† | BioCell Collagen® | Bone & Joint Support†
Mood & Stress Support† | Complexion, Hair & Nail Support†

Dietary Supplement | 30 Packs

Supplement Facts

Serving Size 1 Pack		Servings Per Container 30
Amount Per Pack		%DV
Vitamin D (as cholecalciferol)	25mcg (1000IU)	125%
Vitamin K (as phytonadione, menaquinone)	120mcg	100%
Folate	400mcg DFE (240mcg folic acid)	100%
Biotin	300mcg	1000%
Calcium	30mg	2%
Chromium (as chromium chloride)	200mcg	571%
Sodium	15mg	<1%
Hormone Balance Support		
Calcium-D-Glucarate	250mg	**
Diindolylmethane (DIM)	100mg	**
Complexion & Joint Health Support		
BioCell Collagen® (Hydrolyzed Sternal Cartilage Extract) (provides Hydrolyzed Collagen type II, Chondroitin Sulfate, Hyaluronic Acid)	1000mg	**
Calm, Mood & Stress Support		
Ashwagandha Extract (leaf and/or root)	300mg	**
L-Theanine	100mg	**
Gotu Kola Herb Powder	100mg	**
Eleutherococcus senticosus Root Powder	100mg	**
Bioavailability & Absorption		
Panax notoginseng Extract (root), Astragalus membranaceus Extract (root) (as Astragin™)	25mg	**
Black Pepper Extract (fruit) (as Bioperine®)	5mg	**
Ginger Root Powder	250mg	**
** Daily Value (DV) not established.		

OTHER INGREDIENTS: Gelatin (bovine), dicalcium phosphate, magnesium stearate. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.



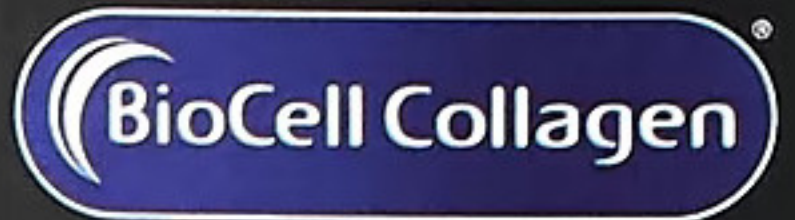
Universal Nutrition
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www.animalpak.com

INGREDIENT NOTES: Calcium D-Glucarate is protected under US Patents #4845123, #5364644, #5561160. BioPerine® (Black Pepper Extract) is a registered trademark of Sabinsa Corporation. BioCell Collagen™, variously in name and/or design, are trademarks of BioCell Technology, LLC, and are registered in the United States and other jurisdictions. (Pat.: <https://www.biocellcollagen.com/patents>)

DOSAGE: Take 1 pack with any meal.

WARNING: Exercise good judgment and keep this out of reach of children. California Residents: ⚠️ **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Plant US-#3001104580
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