

Questions or Comments?

We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.

HEALTH BENEFITS



ACTUAL SIZE

Women's Daily Multivitamin

Dietary Supplement

1
TABLET
PER DAY

May support heart health*

May support immune health*

May support bone health*

Delivers 30 mcg of Biotin per day

275 TABLETS

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A 700 mcg (10% as beta-carotene)	78%
Vitamin C 84 mg	93%
Vitamin D3 25 mcg (1000 IU)	125%
Vitamin E 7.5 mg	50%
Vitamin K 25 mcg	21%
Thiamin 1.2 mg	100%
Riboflavin 1.3 mg	100%
Niacin 16 mg	100%
Vitamin B6 1.7 mg	100%
Folate 665 mcg DFE (400 mcg folic acid)	166%
Vitamin B12 6 mcg	250%
Biotin 30 mcg	100%
Pantothenic Acid 5 mg	100%
Calcium 400 mg	31%
Iron 18 mg	100%
Iodine 150 mcg	100%
Zinc 8 mg	73%
Selenium 27.5 mcg	50%
Copper 0.9 mg	100%
Manganese 1.8 mg	78%
Chromium 25 mcg	71%

INGREDIENTS: CALCIUM CARBONATE, MICROCRYSTALLINE CELLULOSE, ASCORBIC ACID, MALTODEXTRIN, FERROUS FUMARATE, CROSCARMELLOSE SODIUM. CONTAINS 2% OR LESS OF BETA-CAROTENE, BHT, BIOTIN, CALCIUM

SILICATE, CARNAUBA WAX, CHOLECALCIFEROL, CHROMIUM CHLORIDE, CUPRIC SULFATE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, DEXTROSE, DICALCIUM PHOSPHATE, *d*-ALPHA TOCOPHEROL, *d*-ALPHA TOCOPHERYL ACETATE, FOLIC ACID, GELATIN, GLUCOSE SYRUP, GLYCERIN, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, MINERAL OIL, NATURAL MIXED TOCOPHEROLS, NIACINAMIDE, PHYTONADIONE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM SELENATE, STARCH, STEARIC ACID, SUGAR, TARTARIC ACID, THIAMINE MONONITRATE, TRIACETIN, TRICALCIUM PHOSPHATE, ZINC OXIDE.

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BENTONVILLE, AR 72716

Suggested Use: Adults, take one tablet daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15° - 30°C (59° - 86°F).

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- ✓ NO ARTIFICIAL COLORS OR FLAVORS
- ✓ NO GLUTEN
- ✓ NO LACTOSE

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

*One A Day® is a registered trademark of Bayer HealthCare LLC. This product is not made by Bayer HealthCare LLC.

Tablet color may vary.

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