

Questions or comments?

We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.

HEALTH BENEFITS



MEN'S*



HEART*



Men's Daily Multivitamin Dietary Supplement

1 TABLET PER DAY

May support heart health*

May support immune health*

May support energy metabolism*



ACTUAL SIZE

275 TABLETS

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A 900 mcg (10% as beta-carotene)	100%
Vitamin C 99 mg	110%
Vitamin D3 25 mcg (1000 IU)	125%
Vitamin E 15 mg	100%
Vitamin K 30 mcg	25%
Thiamin 1.32 mg	110%
Riboflavin 1.43 mg	110%
Niacin 17.6 mg	110%
Vitamin B6 2.17 mg	128%
Folate 400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 6.24 mcg	260%
Biotin 43 mcg	143%
Pantothenic Acid 15.5 mg	310%
Calcium 210 mg	16%
Iodine 150 mcg	100%
Magnesium 120 mg	29%
Zinc 11 mg	100%
Selenium 55 mcg	100%
Copper 0.9 mg	100%
Manganese 2.3 mg	100%
Chromium 35 mcg	100%

Lycopene 300 mcg **

**Daily Value not established.

INGREDIENTS: CALCIUM CARBONATE, MAGNESIUM OXIDE, MICROCRYSTALLINE CELLULOSE, ASCORBIC ACID, MALTODEXTRIN, *d*-ALPHA TOCOPHERYL ACETATE. CONTAINS 2% OR LESS OF ASCORBYL PALMITATE, BETA-CAROTENE, BHT, BIOTIN, CALCIUM SILICATE, CARNAUBA WAX, CHOLECALCIFEROL, CHROMIUM CHLORIDE, CROSCARMELOSE SODIUM, CUPRIC SULFATE, CYANOCOBALAMIN, DCALCIUM PANTOTHENATE, DEXTROSE, DICALCIUM PHOSPHATE, *d*-ALPHA TOCOPHEROL, FOLIC ACID, GELATIN, GLUCOSE SYRUP, GLYCERIN, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LYCOPENE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, MINERAL OIL, NATURAL MIXED TOCOPHEROLS, NIACINAMIDE, PHYTONADIONE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SULFATE, SODIUM ASCORBATE, SODIUM SELENATE, STARCH, STEARIC ACID, SUGAR, TARTARIC ACID, THIAMINE MONONITRATE, TRIACETIN, TRICALCIUM PHOSPHATE, ZINC OXIDE.

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BENTONVILLE, AR 72716

Suggested Use: Adults, take one tablet daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15°- 30°C (59°- 86°F).

Warning: Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

- ✓ NO SYNTHETIC DYES
- ✓ NO ARTIFICIAL FLAVORS
- ✓ NO GLUTEN
- ✓ NO LACTOSE

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

†One A Day® is a registered trademark of Bayer HealthCare LLC. This product is not made by Bayer HealthCare LLC.

Tablet color may vary.

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