## HEALTH BENEFITS







## Adults 50+ Multivitamin

**Dietary Supplement** 

May support heart health\*

May support immune health\*

May support eye & bone health\*



400 TABLETS

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

## **Supplement Facts**

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 750 mcg	83%	Phosphorus 20 mg	2%
(40% as beta-carotene)		lodine 150 mcg	100%
Vitamin C 60 mg	67%	Magnesium 50 mg	12%
Vitamin D 25 mcg (1000 IU)	125%	Zinc 11 mg	100%
Vitamin E 22.5 mg	150%	Selenium 19 mcg	35%
Vitamin K 30 mcg	25%	Copper 0.5 mg	56%
Thiamin 1.5 mg	125%	Manganese 2.3 mg	100%
Riboflavin 1.7 mg	131%	Chromium 50 mcg	143%
Niacin 20 mg	125%	Molybdenum 45 mcg	100%
Vitamin B6 3 mg	176%	Chloride 72 mg	3%
Folate 667 mcg DFE (400 mcg folic acid)	167%	Potassium 80 mg	2%
Vitamin B12 25 mcg	1042%	Lutein 250 mcg	**
Biotin 30 mcg	100%	Lycopene 300 mcg	**
Pantothenic Acid 10 mg	200%	**Daily Value (DV) not established.	
Calcium 220 mg	17%		

INGREDIENTS: CALCIUM CARBONATE, POTASSIUM CHLORIDE, DICALCIUN MALTODEXTRIN, ASCORBIC ACID, dl-ALPHA TOCOPHERYL ACETATE CONTAINS < 2% OF ASCORBYL PALMITATE, BETA-CAROTENE, BIOTIN, CARNAUBA WAX, CHOLECALCIFEROL, CHROMIUN SULFATE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, di-ALPHA YELLOW NO. 6 LAKE, FOLIC ACID, GELATIN, GLUCOSE SYRUP, GLYCERIN GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LUTEIN, LYCOPENE MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN

TRIGLYCERIDES, MINERAL OIL, NATURAL MIXED TOCOPHEROLS. NIACINAMIDE, PHYTONADIONE, POLYDEXTROSE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM MOLYBDATE, SODIUM SELENATE, STEARIC ACID, SUGAR, TARTARIC ACID, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TRICALCIUM PHOSPHATE, ZINC OXIDE.

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Suggested Use: Adults - One tablet daily with food as a dietary supplement. Do not exceed suggested use.

Nutritional Information: May help promote and support healthy, normal body structure and function throughout life.\*

Bone Health – Calcium, vitamin D and magnesium may help maintain healthy bones.\*

Eye Health - Vitamins A, C, and E and zinc may support healthy eyes. Energy - B vitamins may play an important role in energy metabolism. Immunity - Vitamins A and C plus zinc may support a healthy immune system.\*

Keep out of the reach of children. Store at 15°- 30°C (59°- 86°F).

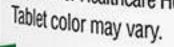
Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

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