

Compare vs. **CENTRUM[®] SILVER[®] ADULTS 50+[†]**

Questions or Comments?
We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.

**HEALTH
BENEFITS**



Adults 50+ Multivitamin

Dietary Supplement

May support heart health*

May support immune health*

May support eye & bone health*

1
TABLET
PER DAY

400 TABLETS



ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 750 mcg (40% as beta-carotene)	83%	Phosphorus 20 mg	2%
Vitamin C 60 mg	67%	Iodine 150 mcg	100%
Vitamin D 25 mcg (1000 IU)	125%	Magnesium 50 mg	12%
Vitamin E 22.5 mg	150%	Zinc 11 mg	100%
Vitamin K 30 mcg	25%	Selenium 19 mcg	35%
Thiamin 1.5 mg	125%	Copper 0.5 mg	56%
Riboflavin 1.7 mg	131%	Manganese 2.3 mg	100%
Niacin 20 mg	125%	Chromium 50 mcg	143%
Vitamin B6 3 mg	176%	Molybdenum 45 mcg	100%
Folate 667 mcg DFE (400 mcg folic acid)	167%	Chloride 72 mg	3%
Vitamin B12 25 mcg	1042%	Potassium 80 mg	2%
Biotin 30 mcg	100%	Lutein 250 mcg	**
Pantothenic Acid 10 mg	200%	Lycopene 300 mcg	**
Calcium 220 mg	17%	**Daily Value (DV) not established.	

INGREDIENTS: CALCIUM CARBONATE, POTASSIUM CHLORIDE, DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, MICROCRYSTALLINE CELLULOSE, MALTODEXTRIN, ASCORBIC ACID, *d*-ALPHA TOCOPHERYL ACETATE, STARCH. CONTAINS < 2% OF ASCORBYL PALMITATE, BETA-CAROTENE, BHT, BIOTIN, CARNAUBA WAX, CHOLECALCIFEROL, CHROMIUM PICOLINATE, CROSCARMELOSE SODIUM, CROSPVIDONE, CUPRIC SULFATE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, *d*-ALPHA TOCOPHEROL, FD&C BLUE NO. 2 LAKE, FD&C RED NO. 40 LAKE, FD&C YELLOW NO. 6 LAKE, FOLIC ACID, GELATIN, GLUCOSE SYRUP, GLYCERIN, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LUTEIN, LYCOPENE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN

TRIGLYCERIDES, MINERAL OIL, NATURAL MIXED TOCOPHEROLS, NIACINAMIDE, PHYTONADIONE, POLYDEXTROSE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM MOLYBDATE, SODIUM SELENATE, STEARIC ACID, SUGAR, TARTARIC ACID, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TRICALCIUM PHOSPHATE, ZINC OXIDE.

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BENTONVILLE, AR 72716**

Suggested Use: Adults - One tablet daily with food as a dietary supplement. Do not exceed suggested use.

Nutritional Information: May help promote and support healthy, normal body structure and function throughout life.*

Bone Health - Calcium, vitamin D and magnesium may help maintain healthy bones.*

Eye Health - Vitamins A, C, and E and zinc may support healthy eyes.*

Energy - B vitamins may play an important role in energy metabolism.*

Immunity - Vitamins A and C plus zinc may support a healthy immune system.*

Keep out of the reach of children. Store at 15° - 30°C (59° - 86°F).

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

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[†]Centrum[®] Silver[®] are registered trademarks of GlaxoSmithKline Consumer Healthcare Holdings (US) LLC. This product is not manufactured by GlaxoSmithKline Consumer Healthcare Holdings (US) LLC.

Tablet color may vary.

FRESHNESS AND POTENCY GUARANTEED THROUGH:



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