

PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.







## (N) SUPPORTS TOTAL BODY HEALTH

Not all minerals are created equally. Magnesium and calcium are two of the most important building blocks for optimal bodily function.† Molybdenum, boron, and iodine are minerals essential to specific reactions in your body to help ensure you are performing at your very best.†

Suggested Use: Adults, as a dietary supplement, take four capsules daily, preferably with a light meal.

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications.

Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

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Aquamin® F is a registered trademark of Marigold Ltd.



## MINIES EAN FROM LAND & SEAN

Formulated for Optimal Absorption

CALCIUM · BORON · MAGNESIUM · IODINE · MOLYBDENUM

DIETARY SUPPLEMENT



GLUTEN FREE

> SOY Free

## **Supplement Facts**

Serving Size 4 Capsules Servings Per Container 30

| Amount Pe  | r Serving         | %DV  |
|--|-------------------|------|
| Calcium (as Dicalcium Malate [DimaCal®] and Calcium Bisglycinate Chelate [TRA            | 500 mg<br>(ACS®]) | 38%  |
| lodine (from Organic Kelp<br>[stipe and fronds])   | 50 mcg            | 33%  |
| Magnesium (as Dimagnesium Malate [Albion®] and Magnesium Bisglycinate Chelate [TRAACS®]) | 250 mg            | 60%  |
| Molybdenum (as Molybdenum<br>Glycinate Chelate [TRAACS®])                                | 300 mcg           | 667% |
| Boron (as Bororganic Glycine [Albion®])  | 4 mg              | *    |
| * Daily Value (DV) Not established   |                   |      |

Other Ingredients: Vegetarian Capsule (Cellulose), Rice Bran Extract, Rice Hull Concentrate, Microcrystalline Cellulose, Mineralized Red Algae (Lithothamnion sp.) (Aquamin® F), Maltodextrin

CONTAINS FISH (Cod, Herring), SHELLFISH (Shrimp, Lobster) (The organic kelp used in this product is a naturally sourced material that may contain fish and shellfish)

Manufactured Exclusively For: Onnit Labs, Inc. Austin, Texas 78744 • (855) ONNIT-99