

ONNIT

Instant MELATONIN

3 MG PER SERVING

HELPS OPTIMIZE
SLEEP[†]



Lavender Flavor

DIETARY SUPPLEMENT**1 FL OZ (29 ML)**

**KNOCK
YOURSELF
OUT**



Aids
RESTFUL SLEEP[†]



Supports
CIRCADIAN RHYTHMS[†]



Quick
EASY SPRAY



**SWEET DREAMS ARE
A SPRAY AWAY[†]**

3 MG PER SERVING**DELICIOUS FLAVORS****EASILY PORTABLE**

Melatonin is a hormone that is naturally secreted by the pineal gland and plays an important role in the body's sleep-wake cycle.[†] Melatonin can help people fall asleep faster and lengthen overall sleep times.[†] Try it next time you travel![†]

VEGAN**GLUTEN
FREE****SUGAR
FREE**

Supplement Facts

Serving Size 6 sprays (approximately 0.16 mL/spray)
Servings Per Container About 30

	Amount Per Serving	%DV
Melatonin	3 mg	*

* Daily Value (DV) not established.

Other Ingredients: Water, Glycerin, Ethyl alcohol, Natural Flavors, Lavender Oil, Stevia (leaf) Extract, Natural Citrus Extract (as Preservative)

Manufactured Exclusively For: Onnit Labs, Inc.
Austin, Texas 78744 • (855)-ONNIT99

Suggested Use: Adults, take six sprays by mouth then swallow just before sleep. Do not use if seal is broken or damaged.

Intended for occasional use only.

Consult a medical doctor before taking this if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications or if you are experiencing long-term sleep difficulties.

Product may induce sleep or cause drowsiness. Do not drive or operate machinery when taking melatonin.

Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

[†]THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

R210629-3013

