

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy or crustacean shellfish.

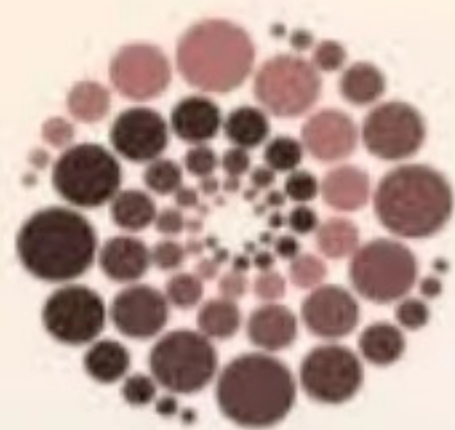
The best natural sources of omega-3 fats are certain fatty fish which contains both eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which are the forms of omega-3's readily absorbed by the body. Many people do not include adequate amounts of fatty fish in their diet and, since the human body cannot make omega-3's on its own, obtaining these fats from the diet is important. Our molecularly distilled **Omega-3 Once Daily** is sourced from fresh cold water sources and is tested for PCBs and heavy metals. The fish are caught in the oceans off the coast of South America and are not farm-raised. Natural lemon flavor is added to provide a pleasant flavor.[†] Our product uses EPAX[®] fish oil, which is the most clinically documented line of marine omega-3 concentrates with over 100 published studies. EPAX[®] fish oil is sourced from our supplier's Friend of the Sea (FOS)-certified sister company in South America, which guarantees sustainable and environmentally friendly fishing practices. Their vertically integrated supply chain allows traceability from the date, species, and shipping vessel our raw materials were caught--to finished product. They also have systems in place for recycling, reuse of the waste, and reduced energy use.



**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Harmonía

Fish Oil • Natural Lemon Flavor

OMEGA HEART COMPLEX +

448 mg EPA • 308 mg DHA

Supports Cardiovascular and Brain Health[†]

Dietary Supplement
90 SOFTGELS



Manufactured for: **Harmonía, LLC**
Milwaukee, WI 53211

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving		% Daily Value
Calories 15		
Calories from Fat 15		
Total Fat	1.5 g	3%*
Fish Oil [from Anchovies (<i>Engraulidae</i>) and Mackerel (<i>Scomberomorus</i>)]		
	1,400 mg	
Fatty Acid composition:		
Total Omega-3 fatty acids	910 mg	**
EPA (eicosapentaenoic acid)	448 mg	**
DHA (docosahexaenoic acid)	308 mg	**
Other Omega-3 fatty acids	154 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Gelatin, glycerin, water, natural lemon oil flavor and IPP non-GMO mixed tocopherols.

SUGGESTED USE: Take one softgel per day or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

VL 128-90B