

Amount Per Serving

% Daily Value

Boron (from boron gluconate)	25 mcg	*
Choline (bitartrate)	20 mg	*
Inositol	30 mg	*
Lutein (FloraGLO®)	2 mg	*
Lycopene (Lyc-o-Mato®)	2 mg	*
Rose Hips	20 mg	*
Vanadium (from vanadyl sulfate)	25 mcg	*

* Daily Value not established.

Other Ingredients: Soybean oil, gelatin, glycerin, natural unbleached yellow beeswax, soy lecithin, purified water.

SUGGESTED USE: Take 2 softgels daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Due to natural variations, speckling may appear

FloraGLO LUTEIN

FloraGLO® is a registered trademark of Kemin.

Lyc-O-Mato

Lyc-O-Mato® is a registered trademark of Lycored, Natural Product Industries, Ltd.

WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY

To report a serious adverse event, call 1-888-710-0006

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison center immediately.

Harmonía

MULTIVITAMIN
COMPLEX +
with Lutein and Lycopene

Recommended for Those Seeking
Extra Antioxidant Support

Dietary Supplement

60 SOFTGELS

DOUBLE VERIFIED
GLUTEN
FREE

Manufactured for: Harmonía, LLC
Milwaukee, WI 53211

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving

% Daily Value

Vitamin A (as 50% palmitate, 50% beta-carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopherol)	400 IU	1333%
Thiamin (as thiamin mononitrate)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacinamide	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	52 mg	2600%
Folic Acid	800 mcg	200%
Vitamin B12 (as cobalamin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (from calcium carbonate, citrate, aspartate)	200 mg	20%
Iron (from ferrous fumarate)	10 mg	56%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	100 mg	25%
Zinc (from zinc citrate, gluconate, picolinate)	15 mg	100%
Selenium (from L-selenomethionine)	70 mcg	100%
Copper (from copper gluconate)	2 mg	100%
Manganese (from manganous carbonate)	4 mg	200%
Chromium (from chromium picolinate)	120 mcg	100%
Molybdenum (from molybdenum chelate)	75 mcg	100%

KEEP OUT OF REACH OF CHILDREN.

VL 511-60J