

CoQ10 (also known as ubiquinone) is found in the mitochondria of every cell and in high concentrations in heart tissue. It helps maintain cardiovascular health and promotes vitality and energy. Since CoQ10 is a fat-soluble nutrient, it is best absorbed when combined with a small amount of fat. Therefore, we added oil to our **CoQ10** before encapsulation, eliminating the need to take with food containing fat. Our CoQ10 contains no artificial emulsifiers, therefore, you may notice a normal separation, which does not affect potency.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



Harmonía

CoQ10 100 mg

Supports Cellular Energy Production†

Dietary Supplement
30 SOFTGELS

**Manufactured for: Harmonía, LLC
Milwaukee, WI 53211**



Supplement Facts

Serving Size 1 Softgel Servings Per Container 30

Amount Per Serving	% Daily Value
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CoEnzyme Q10	100 mg	*
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* Daily Value not established.

Other Ingredients: Capsule (gelatin), safflower oil, beeswax, soy lecithin, glycerin, purified water.

SUGGESTED USE: Take one softgel daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN. VL 198-30H