

## RECOVERY

POST-WORKOUT PROTEIN & CARBS

## CHOCOLATE









Dietary Supplement Net Wt. 1.39 lb (631 g)



## FOR THE ENDLESS IMPROVEMENT OF PERSONAL PERFORMANCE

Servings Per Container: 15				
A	mount Per Serving	% Daily Valu		
Calories	160	- WY-		
Total Fet	1.50	29		
Setumed Fat	10	59		
Cholesterol	<5 mg	<19		
Total Carbohydrate	100	49		
Distary Fiber	20	79		
Total Sugars	50	Of the last		
Includes 5g Added Sugars		109		
Protein	20 a	409		
Calcium	110 mg	89		
iron	2.1 mg	121		
Magnesium	135 mg	329		
Sodium	200 mg	91		
Potassium	380 mg	81		
Truly Grass Fed" Whey protein isolate	22.94 g			
L-Giutamine	59			
Dribose	30			
Dimagnosium melate	500 mg			
L-Carnitine tertrate	500 mg			
ProHydrolase* (a proprietary blend of prot from Becilius subtils and Anenas come	200 mg	797		

CONTAINS MILK

Typical Amino Acid profile	Amount in Product (Per serving)	Amino Acid	Amount in Product
Althine Arghine	1055	Lysine	2340
Alpartic Add	482 2546	Methorite	627
Cysteine	2546 573	Phenylelerino	665
GRANNIC ACID	3902	Proline	1330
Clyche	413	Serine Threchine	986 1559
Histotte	300	Typicohon	402
Leurina	1537	Tyroshe	665

Momentous Recovery is a post-workout formula designed to kickstart the recovery process. The perfect compliment to your post-workout routine - ideal for use after activities like weight lifting, running, cycling, and other intense training.

Each serving contains 20g of grass fed whey isolate protein, plus 10g of carbohydrates to replenish energy and increase absorption of key nutrients. To further optimize the recovery process, we added glutamine, carnitine, and highly absorbable magnesium creating a unique and complete recovery formula.\*

For best results: mix one serving (2 scoops) with 12 oz of cold water or other fluids. Drink within one hour of finishing you workout.

## www.livemomentous.com

NOTICE; USE THIS PRODUCTASA FOOD SUPPLEMENT ONCY, DO NOTUSE FOR WEIGHT REDUCTION FORMULATED AND DISTRIBUTED BY MOMENTOUS: 1259 EL CAMBIO REAL #235, MENCO PLEK, CA 94025 HELPIGLIVENOMENTOUS COM.



20 G PROTEIN 10 G

CARBS 15 SERVINGS







