MOMENTOUS

FUEL

CARBOHYDRATES & ELECTROLYTES

CHERRY BERRY

NSF CERTIFIED SPORT · INFORMED SPORT · GF GLUTEN FREE · GMO FREE

12 Single Serving Pouches - 1.16 oz (33 g)
Drink Mix - Net wt. 14 oz (396 g)

Nutrition Facts

12 servings per container

Serving Size	1 Pouch (33 g)
Amount Per Serving	
Calories	**120**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 300mg	**13%**
Total Carbohydrate 28 g	**10%**
Dietary Fiber 0g	**0%**
Total Sugars 27g	
Includes 27g Added Sugars	**54%**
Protein 0 g	**0%**
Vitamin D 0mcg	0%
Calcium 10mg	<2%
Iron 0mg	0%
Potassium 160mg	4%
Magnesium 100mg	25%
Zinc 3mg	25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Palatinose™ Isomaltulose, fructose, citric acid, natural flavors, salt, magnesium citrate, beet (color), potassium chloride, malic acid, silica, rebaudioside A, and zinc citrate.

MOMENTOUS — THE CONTINUOUS PURSUIT OF PROGRESS IN HUMAN HEALTH AND PERFORMANCE.

Momentous Fuel is a drink mix designed to optimize performance during activities lasting longer than 60 minutes. Fuel supports hydration with key electrolytes and provides easy-to-digest carbohydrates for sustained energy

The primary carb source in Fuel is isolmatulose - a unique form of sugar composed of a complex-chain of glucose molecules. Isomaltulose has a very low glycemic index compared to other carbs like maltodextrin and cane sugar - which means it won't cause sharp spikes and drops in blood sugar and energy

Directions: Mix one serving in 16 fl oz. of cold water.

www.livemomentous.com @livemomentous

Formulated and distributed by Momentous:
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Packaging made from recycled plastics.