



VITAMIN CODE® GROW BONE SYSTEM

CLINICALLY STUDIED BONE GROWTH REGIMEN†

RAW WHOLE FOOD PLANT CALCIUM **PLUS**
680mg ELEMENTAL STRONTIUM

INCREASE BONE MINERAL DENSITY†

WHOLE FOOD DIETARY SUPPLEMENT
30 DAY SUPPLY

CONTAINS: GROW BONE CALCIUM • GROWTH FACTOR S
120 VEGETARIAN CAPSULES 90 VEGETARIAN CAPSULES



GROW BONE SYSTEM

Vitamin Code® Grow Bone Calcium and **Growth Factor S**, are two comprehensive formulas clinically studied to work together to stimulate bone growth.†

VITAMIN CODE® GROW BONE CALCIUM

- **The First Raw Whole Food Plant Calcium Formula**
- **40 mcg (1,600 IU) Vitamin D3, Raw MK-7, Magnesium & Boron**
- **Free from Crushed Rock, Limestone, Chalk or Animal Bones**

VITAMIN CODE® GROWTH FACTOR S

- **680mg of Elemental Strontium – A Critical Bone-Building Trace Mineral†**

Go beyond bone strength† with the clinically studied **Vitamin Code® Grow Bone System**.

GROW BONE

TWO-PART CLINICALLY STUDIED SYSTEM

In a six month randomized, open label human clinical study, 176 healthy men and women aged 18 to 85 consumed the ingredients in the **Vitamin Code® Grow Bone System**, along with a healthy eating plan and walking program, and experienced a significant increase in bone mineral density as evidenced by comparing their before and after DEXA scans.†

The **Grow Bone System** is based upon the formula that was used in this clinical study. It is made up of two comprehensive, bone-building† formulas, **Vitamin Code® Grow Bone Calcium** and **Growth Factor S**. **Grow Bone Calcium** is a unique vegetarian, whole food, plant Calcium formula. **Growth Factor S** contains 680mg of elemental Strontium, a critical bone-building trace mineral.† By combining these two formulations, the ingredients in the **Grow Bone System** have been clinically studied and shown to stimulate bone growth.†

For more information, see inside booklet or visit www.gardenoflife.com

†† Regular exercise and a healthy diet with enough Calcium and Vitamin D helps you maintain good bone health and may reduce the risk of osteoporosis later in life.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Grow Bone System Suggested Use: Adults take 4 capsules of **Grow Bone Calcium** daily. For best results take 2 capsules with breakfast and 2 capsules with lunch. Take 3 capsules of **Growth Factor S** in the evening on an empty stomach. **These two products are not meant to be taken at the same time of day.** Capsules may be opened and contents added to water or juice. For complete details, see booklet inside **Grow Bone System** or visit www.gardenoflife.com.

Vitamin Code® Grow Bone Calcium

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (from culture of <i>S. cerevisiae</i>)	50 mg	56%
Vitamin D (as D3 from culture of <i>S. cerevisiae</i>)	40 mcg (1,600 IU)	200%
Calcium (naturally occurring from Algae)	756 mg	58%
Magnesium (from Algae and Dead Sea minerals)	386 mg	92%
Vitamin K (as K2 MK-7)	100 mcg	+
Strontium (naturally occurring from Algae)	3.8 mg	+
Boron (from Brown Rice Chelate)	3 mg	+
Silica (naturally occurring from Algae)	2.2 mg	+
Vanadium (naturally occurring from Algae)	68 mcg	+
Raw Organic Fruit & Vegetable Blend	360 mg	+
Organic Apple (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)		
Raw Probiotic & Enzyme Blend	64 mg	+
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xylanase, [<i>Lactobacillus bulgaricus</i> , <i>Lactobacillus plantarum</i>] (500 Million CFU)		

+ Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic brown rice, organic gum arabic, organic sunflower oil.



AlgaeCal RAW™ – a raw, certified organic, whole food marine algae complex containing 73 naturally occurring minerals and trace elements. AlgaeCal RAW™ is a trademark of AlgaeCal Distribution Inc. US and International patents pending.

Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries.
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Vitamin Code® Growth Factor S

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Growth Factor S Blend	2g	+
Strontium Citrate, Strontium (from culture media) (680 mg of Elemental Strontium)		
Raw Organic Fruit & Vegetable Blend	75 mg	+
Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Tomato (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)		
Raw Probiotic & Enzyme Blend	12 mg	+
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xylanase, [<i>Lactobacillus bulgaricus</i> , <i>Lactobacillus plantarum</i>] (500 Million CFU)		

+ Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic brown rice, organic gum arabic, organic sunflower oil.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are under the age of 50 and/or desire to use this product for longer than 6 months, if you know or suspect you may have osteopenia, osteoporosis or other medical conditions. Do not use if you have, or are at high risk for blood clots, heart disease and/or circulatory problems. Do not use if you have kidney disease. Discontinue use and consult a healthcare practitioner in case of rash or hypersensitivity reaction, as this may be a sign of a serious allergic reaction.

NOT FOR CHILDREN, PREGNANT OR NURSING MOTHERS.

Keep out of reach of children.

Store in a cool, dry place.
Do not use if safety seal is broken or missing.

Contains no filler ingredients, artificial colors or preservatives.

Made without dairy ingredients, peanut, tree nuts or shellfish.
Manufactured in a facility that also processes soy, dairy, tree nuts and shellfish.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

VEGETARIAN • GLUTEN FREE

