



CERTIFIED ORGANIC WHOLE FOOD



B-COMPLEX

ONCE DAILY



30 VEGAN TABLETS WHOLE FOOD SUPPLEMENT



Over 25 **Organic**
FAMILY FARMED foods



CERTIFIED ORGANIC

Farmed without the use of toxic pesticides and fertilizers



NON-GMO VERIFIED

Independent, third party verification



VEGAN CERTIFIED

Third party certified by Vegan Action



CERTIFIED GLUTEN-FREE BY NSF



Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Certified Organic by QCS | www.gardenoflife.com | © 2015 Garden of Life LLC
Made in the U.S.A. from foods grown in the U.S.A. and other countries.



B-Complex from *Whole Food*
that is **certified organic**
and Non-GMO **verified**

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ONCE DAILY

Whole food B-Complex



ENERGY, METABOLISM, STRESS

Promotes **energy** and **healthy metabolism**
& **stress response**, while supporting
blood and **heart** health†



REAL FOOD FORMULA

Made from over 25 powdered organic
fruits, vegetables and herbs

† These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

Suggested Use: Adults take 1 tablet daily with food. Not intended for children.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Thiamin (Vitamin B1 from Organic Food Blend)	5 mg	417%
Riboflavin (Vitamin B2 from Organic Food Blend)	10 mg	769%
Niacin (from Organic Food Blend)	20 mg	125%
Vitamin B6 (from Organic Food Blend)	10 mg	588%
Folate (from Organic Food Blend)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin from <i>Saccharomyces cerevisiae</i>)	53.3 mcg	2221%
Biotin (from Organic Food Blend)	300 mcg	1000%
Pantothenic Acid (from Organic Food Blend)	10 mg	200%

Organic Food Blend 641 mg +

Organic *Sesbania grandiflora* (leaf), Organic Holy Basil (leaf), Organic Apple (fruit), Organic Lemon (fruit & peel), Organic Guava (fruit & leaf), Organic Broccoli (stalk & flower), Organic Pea (seed), Organic Sweet Potato (tuber), Organic Pomegranate Juice Powder, Organic Kale (leaf), Organic Beet (root), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Red Cabbage (leaf), Organic Blackberry (fruit), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem), Organic Blueberry (fruit), Organic Raspberry (fruit)

+ Daily Value not established.

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Dextrose, Organic Gum Arabic, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum), Organic Brown Rice Concentrate.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. No artificial colors or preservatives.

