



RAW CLEANSE

The Ultimate Standard in Cleansing and Detoxification[†]

Fast-Acting 7 Day
Triple Detox Formula[†]

Total Digestive Cleansing[†]

RAW • VEGETARIAN
GLUTEN FREE • BINDER FREE

No Psyllium or Harsh Laxatives
Raw Food Dietary Supplement

COMPLETE EASY 3 STEP KIT CONTAINS

1 Toxin Defense[†]
7 - 1.5g (0.05 oz) PACKETS

2 Organ Detox[†]
42 CAPSULES

3 Digestion & Elimination[†]
145g (5.1 oz) POWDER

The Ultimate Standard in Cleansing and Detoxification[†]

Raw foods and juices are foundational elements to virtually all cleansing and detox programs developed by the forerunners of the natural health movement. The ingredients in **Raw Cleanse** support your own natural digestive and detoxification systems.[†]

Raw Cleanse – Fast-Acting, 7 Day Triple Action Formula

Raw Cleanse is a breakthrough in total digestive system cleansing, beginning in the mouth and ending with elimination. Designed as a fast-acting, internal cleansing system that works in synergy with your body's own detoxification system, **Raw Cleanse** is an easy-to-use, triple detox formula that helps your body naturally detoxify and eliminate toxins from the body.[†]

Raw Cleanse features Raw whole food ingredients suitable for those on vegan or vegetarian diets.

Products designed to be used during the same seven day period.

1 Raw Cleanse
Toxin Defense[†]
7 VEGETARIAN PACKETS

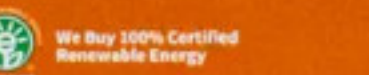
1 packet daily
Suggested Use: Just before breakfast, adults empty contents of packet in mouth, take a sip of water and swish for 45 seconds before swallowing. Not intended for children.

Supplement Facts
Serving Size: 1 Packet (1.5g)
Servings Per Container: 7

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%
Raw Exotic Fruit Blend	1.4 g	
Organic Pineapple, Sea Buckthorn, Pomegranate, Yum Berry		
Raw Mouth-To-Gut Probiotic Blend	80 mg	
Bacillus coagulans, S. salivarius (2 distinct strains) (1.5 Billion CFU) [†]		

[†]Percent Daily Values are based on a 2,000 calorie diet.
[†]Daily Value not established.

[†]All time of manufacture.
[†]S. salivarius is fermented in media that may include traces of dairy.



Distributed by Garden of Life LLC
4201 Northway Parkway, Fort Smith, AR 72336-1001
Made in the U.S.A. from foods grown in the U.S.A. and other countries.
www.gardenoflife.com

©2009 Garden of Life LLC

These products are made without any ingredients, added sugars, fiber ingredients, rice, artificial colors, flavors, sweeteners or preservatives.
Manufactured in a facility that also processes egg, milk, soy, wheat and tree nuts.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.
Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

RAW • VEGETARIAN • GLUTEN FREE • BINDER FREE

2 Raw Cleanse
Organ Detox[†]
42 VEGAN CAPSULES

6 capsules daily
Suggested Use: Adults take 6 capsules daily, preferably 3 capsules with breakfast and 3 capsules with lunch. Capsules can be opened. Contents can be taken directly with water or raw juices. Not intended for children.

Supplement Facts
Serving Size: 6 Capsules
Servings Per Container: 7

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	1 g	<1%
Protein	2 g	4%
Iron (naturally occurring)	3 mg	17%
Sodium (naturally occurring)	25 mg	1%
Cysteine [†]	28 mg	
Glycine [†]	25 mg	
Glutamic Acid [†]	24 mg	
Raw Cleansing Greens and Antioxidant Blend	2 g	
Chlorella, Spirulina, Superoxide Dismutase and Catalase (from cantaloupe)		
Raw Liver Support Blend	945 mg	
Milk Thistle Seed Extract, Sulphur*, Vitamin U [†] (L-methionine-based), Glutathione*		

[†]Percent Daily Values are based on a 2,000 calorie diet.
[†]Daily Value not established.

[†]Other ingredients: Vegetable cellulose (capsule), organic rice (thistle).

*From culture of S. aureus.

These products are made without any ingredients, added sugars, fiber ingredients, rice, artificial colors, flavors, sweeteners or preservatives.
Manufactured in a facility that also processes egg, milk, soy, wheat and tree nuts.

CAUTION: Do not take more than directed. High doses of magnesium have been known to cause increased bowel function. Overuse may result in symptoms such as arrhythmia, confusion, difficulty breathing or low blood pressure. If you experience any of these symptoms, discontinue use and consult your doctor. Extreme changes in bowel health or failure to have a bowel movement may indicate a serious condition. Discontinue use and consult your doctor. Do not use if you take tetracyclines, have hypertension, are on a low sodium diet or if you have kidney disease. Do not give to children under 12 years of age.

CONTAINS: Tree nuts (coconut), wheat grass.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.
Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

RAW • VEGETARIAN • GLUTEN FREE • BINDER FREE

3 Raw Cleanse
Digestion & Elimination[†]
145 GRAMS VEGAN POWDER

2 scoops daily
Suggested Use: One hour before bedtime, adults mix 2 level scoops with at least 12 ounces of water or low sugar juice. May be taken with or without food. Not intended for children.

Supplement Facts
Serving Size: 2 Level Scoops (About 21g)
Servings Per Container: 7

	Amount Per Serving	% Daily Value
Calories	70	
Total Fat	1.5 g	2%
Saturated Fat	1.5 g	8%
Total Carbohydrate	6 g	2%
Total Sugars	1 g	
Includes 0g Added Sugars		0%
Protein	5 g	
Iron (naturally occurring)	2 mg	11%
Sodium (naturally occurring)	40 mg	2%
Magnesium (as amino acid chelate)	800 mg	190%
Proprietary Cleansing Raw Fiber Blend	16.25 g	
Organic Defatted Flax Seed, Organic Oat Grass Juice, Organic Chia Seed, Organic Alfalfa Grass Juice, Organic Barley Grass Juice, Organic Coconut Flour, Organic Wheat Grass Juice		

[†]Percent Daily Values are based on a 2,000 calorie diet.
[†]Daily Value not established.

[†]Other ingredients: Vegetable cellulose (capsule), organic rice (thistle).

*From culture of S. aureus.

These products are made without any ingredients, added sugars, fiber ingredients, rice, artificial colors, flavors, sweeteners or preservatives.
Manufactured in a facility that also processes egg, milk, soy, wheat and tree nuts.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.
Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

RAW • VEGETARIAN • GLUTEN FREE • BINDER FREE

1 Raw Cleanse Toxin Defense[†] - Optimal Oral Health and Immune System Support[†]

Toxin Defense is the first step in the **Raw Cleanse** experience. **Toxin Defense** contains a unique combination of **oral and intestinal probiotics**. This probiotic approach supports a healthy immune system and promotes microbial balance in the gastrointestinal tract for proper digestion and elimination.[†]

2 Raw Cleanse Organ Detox[†] - Natural Detoxification of Organs and GI Tract[†]

Organ Detox is the second step in the **Raw Cleanse** experience, supporting normal removal of environmental toxins and pollutants from the body, as well as internally generated waste by-products.[†] **Organ Detox** is formulated with **raw milk thistle, glutathione, cysteine, glycine, glutamic acid, melon juice concentrate, a rich source of Superoxide Dismutase (SOD) and catalase, plus vitamin U**. This enzyme and amino acid rich formula supports a healthy liver.[†]

3 Raw Cleanse Digestion & Elimination[†] - Toxin Capture and Removal[†]

Digestion & Elimination is the third and final step in the **Raw Cleanse** experience, supporting healthy elimination.[†] **Digestion & Elimination** contains 800mg of **magnesium** to draw water into the colon for effective movement of intestinal bulk.[†]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

