Perfect Food® Berry Super Green Fruit & Veggie Formula is made with 49 nutrient-rich and organically grown whole food based ingredients to ensure your body receives the nutritional benefits of fruits and vegetables

Providing 4,340mg of greens per serving, Perfect Food® Berry contains 4 organic grass juices, 17 vegetables, 12 fermented sprouted grains and legumes, 8 marine plants and 6 fruits, including organic berries like strawberry, raspberry, blueberry and blackberry.

Perfect Food® Berry contains probiotics to support digestive health and spirulina to support healthy immune function.† Perfect Food® Berry is great for those who are unable to eat enough fruits and veggies.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without soy ingredients, tree nuts, added sugars, filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes egg, milk, soy, wheat and tree nuts.

The density of the powdered ingredients in this product naturally vary from lot to lot and require space in the container at the time of packaging. Over time the powders settle, causing the container to appear less full than when it was first packaged. This product is sold by weight and not by volume.

ESTIMATED MINIMUM FILL

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Certified

Corporation

Certified by the nonprofit B Lab o meet rigorous accountability





Distributed by Garden of Life LLC

4200 Northcorp Parkway, Palm Beach Gardens, FL 33410USA Made in the U.S.A. from foods grown in the U.S.A and other countries. ©2003 Garden of Life LLC

30 SERVINGS Net Wt 8.5 oz (240 g)

Whole Food Dietary Supplement

Made With LIVE PROBIOTICS

Garden of Life)



Super Green Fruit & Veggie Formula

Phytonutrient-Dense Superfoods Sprouted Ingredients Vegetarian

Suggested Use: Adults mix 1 scoop (2 tablespoons) in 8oz of water or juice 1 (or more) times per day. Begin with ¼ serving size for the first few days, gradually working up to a full serving size. May be taken with or without food. Not intended for children. Scoop included.

Supplement Facts

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	50	
Total Fat	0 g	0961
Total Carbohydrate	5 g	2%
Dietary Fiber	1g	4961
Total Sugars	<1 g	+
Includes 0 g Added Sugars	- 5	096
Protein	1 g	-
Vitamin A (as beta-carotene)	1,300 mcg	144%
Vitamin C (from Acerola Cherry)	115 mg	128%
Calcium (from Algae)	28 mg	2%
Iron	1 mg	6%
Sodium	55 mg	2%
Potassium	230 mg	5%
Perfect Green Juice Blend Organic Barley Grass (juice), Organic Alfalfa Grass Organic Oat Grass (juice)	2.8 g (juice), Organic Wheat Grass	(juice),
Perfect Protein Mineral Blend	2.1 g	+
Rice Bran Solubles, Spirulina, Chlorella, Calcified F Kelp Blend	ted Algae (Lithothamnion con	alliaides),
Whole Food Berry Antioxidant Blend	1.5 g	+
Blueberry (fruit), Organic Stract (fruit), Organic Stra	whom I fruit Charm I fruit	Organic oflavonoids
There veggle Juice Blend	800 mg +	
Organic Beet (root), Organic Carrot (root), Organic (gourd), Organic Tomato (fruit), Organic Kale (leaf) Cabbage (leaf), Cauliflower (flower & stem), Celery Asparagus (flower & stem), Brussels Sprout (leaf), Garlic (bulb), Organic Ginger (root), Organic Onion	(stalk), Organic Parsley (leaf)	anic
Mented Whole Food Matrix	740 mg +	
Organia D. J.		

Organic Barley Grass, Organic Oat Grass, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Organic Buckwheat Sprout, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Organic Flax Seed Sprout, Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Chia Seed Sprout, Organic Sesame Seed Sprout

Lactobacillus plantarum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus paracasei [1 Billion CFU at time of manufacture]

Percent Daily Values based on a 2,000 calorie diet. Daily Value not established

Other Ingredients: Organic tapioca maltodextrin, organic stevia (Rebaudioside A from

Contains: Wheat Grass

