1,500mg GLUCOSAMINE **VEGETARIAN • SHELL-FISH FREE** 

WHOLE FOOD DIETARY SUPPLEMENT

**Ultimate Joint & Cartilage Formula** 

# **EMPOWERING EXTRAORDINARY HEALTH®**

Garden of Life's mission is to empower extraordinary health. To fulfill that mission, we formulate natural and effective whole food products that promote good health.

### **BROAD SPECTRUM PROTECTION**

FYI® ULTRA is a broad spectrum joint & cartilage formula made with glucosamine and powerful antioxidant ingredients that support joint and connective tissue health.†

Certified by the nonprofit B Lab to meet rigorous standards of social performance. accountability and transparency.



We Buy 100% Certified Renewable Energy



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**Ultimate Joint & Cartilage Formula** 

## **BROAD SPECTRUM PROTECTION**

- ▶ 1,500mg of shell-fish free glucosamine per daily serving
- Curcumin in turmeric supports normal joint and surrounding tissue volume and helps optimize the level of enzymes that normally participate in protective tissue response<sup>†</sup>
- Pomegranate has an outstanding antioxidant profile, which supports the body's capacity to withstand free radical damage in a variety of tissues, including cartilage tissue<sup>†</sup>
- Astaxanthin from red microalgae along with Selenium and Boswellia serrata provide antioxidant support for joint tissue health<sup>†</sup>

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Suggested Use: Adults take 4 capsules daily with food. May take 2 capsules twice per day. Not intended for children.

# **Supplement Facts**

Serving Size 4 Capsules Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	10	
Carbohydrate	2 g	$1\%^{1}$
Selenium (from culture media)	100 mcg	182%
Glucosamine HCI (Shell-Fish Free)	1,500 mg	+
Protective Tissue Response Blend	794 mg	+
Turmeric (root), Boswellia serra	ta, Ginger (r	oot)
Antioxidant Cartilage Health Complex	301 mg	+
Pomegranate Extract (skin), Nat Astaxanthin, Olive Leaf Extract	ural	

<sup>1</sup>Percent Daily Values are based on 2,000 calorie diet. +Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic brown rice.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

#### Keep out of reach of children.

Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish. No artificial colors or preservatives.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

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