

Ashwagandha is known as an Adaptogenic herb, as it helps the body cope and adapt to various stresses that occur in daily life.

Futurebiotics Ashwagandha provides 3000 mg per serving (from 20:1 extract) of high-quality Ashwagandha herb. **Ashwagandha Extra Strength 3000 MG** helps to support a healthy stress response, maintain healthy cortisol levels, support a positive mood, and memory.* **Futurebiotics Ashwagandha** additionally includes BioPerine, which has been clinically shown to enhance nutrient absorption.*

ITEM# FB860-360S REF 0822

Manufactured by **Futurebiotics®**
Hauppauge, NY 11788
www.futurebiotics.com
800-FOR-LIFE (800) 367-5433



Ashwagandha Extra Strength 3000 MG



3000 MG PER SERVING

Stress & Mood Support*

With BioPerine® for absorption*

Free of gluten & soy

360 Vegetarian
Capsules
Dietary Supplement



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 180

Amount Per Serving		% Daily Value
Ashwagandha herb powder (<i>Withania somnifera</i>) (From 150 mg of 20:1 extract)	3000 mg	†
BioPerine® Black pepper seed extract (<i>Piper nigrum</i>)	5 mg	†
† Daily Value not established		

Other Ingredients: Microcrystalline cellulose, modified cellulose capsule, magnesium stearate, silicon dioxide.

Directions: As a dietary supplement for adults, take 2 capsules daily, preferably with a meal or as directed by a healthcare professional.

Warnings: Do not use if you are pregnant or nursing.

Consult a physician before taking this product if you have a medical condition or are taking medication.

Do not use if seal under cap is broken or missing.

Keep out of reach of children. Protect from light.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BioPerine® is a registered trademark of Sabinsa Corporation.