



DIETARY SUPPLEMENT

Organic Psyllium Husk Powder

Keep tightly closed in a cool, dry place, out of the reach of children.



EGG FREE



GLUTEN FREE



FREE OF NUTS



DAIRY FREE

California Residents:

WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Manufactured in a GMP Compliant Facility
Metabolic Maintenance®
601 N Larch Street, Sisters, Oregon 97759
Contact # 800-772-7873
MetabolicMaintenance.com



454 g / 1 lb 150 SERVINGS

DIRECTIONS: Mix one (1) scoop (3 g) into 8 oz. of water, juice or beverage of choice, one to three times daily as a dietary fiber supplement. Drink immediately.

Supplement Facts

Serving Size: 1 scoop (3 g)

Servings Per Container: 150

Amount Per Capsule	% Daily Value*	
Calories	9	
Total Carbohydrate	2.5 g	1%
Dietary Fiber	2.5 g	9%
Soluble Fiber	2.2 g	
Organic Psyllium Seed Husk Powder	3 g	**

* % Daily Values are based on a 2,000 calorie diet.

** Daily Value not established for this ingredient.

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