SUGGESTED USE: Take 1 gummy daily preferably with food or as directed by a healthcare professional.

CAUTION: Take only as directed. Do not exceed suggested dosage. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRYPLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by:
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CONCENTRATED FROM 750MG ASHWAGANDHA ROOT

ASHWAGANDHA GUMMIES

CHERRY FLAVORED | INCLUDES VITAMIN D AND ZINC DIETARY SUPPLEMENT | 60 GUMMIES



Supplement Facts

Serving Size 1 Gummy Servings Per Container: 60

Amount Per Serving	%Daily Value	
Calories 10		-
Total Carbohydrate	2 g	1%†
Total Sugars	2 g	**
Includes 2g Added Sugars		4%†
Vitamin D (as ergocalciferol)	100 mcg	500%
Zinc (as zinc citrate)	2 mg	18%
Ashwagandha Root 30:1 Extract	25 mg	**

†Percent Daily Value based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients:

Glucose syrup, sugar, glucose, pectin, citric acid, sodium citrate, natural cherry flavor, spinach powder, and vegetable oil (contains carnauba wax).

