

100% Pure Magnesium Glycinate

NON-BUFFERED, NO FILLERS, & FULLY-REACTED
FOR GENTLE STOMACH ABSORPTION

SUPPORTS BONE HEALTH, HEALTHY
NERVE FUNCTION, & NORMAL
MUSCLE FUNCTION*

PROMOTES CALM MOOD &
RESTFUL SLEEP*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



No Added
Preservatives



Gluten Free



Non-GMO



3rd Party
Tested



Vegan



A Pro-Life
Company



WE HEART NUTRITION®

WHOLESOME SUPPLEMENTS

Wholesome Magnesium Glycinate

DIETARY SUPPLEMENT

150 mg/serving

120 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	%DV
Magnesium (as magnesium glycinate)	150 mg	36%

Other Ingredients: Vegetarian capsule (hydroxypropylmethylcellulose, water)

Manufactured for We Heart Nutrition, Inc. Tulsa, OK 74120 | 1-888-238-0122

Directions: Take 2 capsules, up to 2 times daily or as directed by your healthcare practitioner.

Store in a cool, dry place away from direct sunlight.

CAUTION: As with all supplements, consult your physician before use if you are pregnant, nursing, have a medical condition, are taking any medications, or are planning any medical or surgical procedures. Keep out of the reach of children.

When we began dreaming about starting a line of supplements for families, the word "wholesome" kept coming to mind. We knew we wanted to use the best, premium ingredients, but we also wanted to be a company that upheld traditional, wholesome values. So for us, being wholesome doesn't just mean that our supplements are high quality, but also that we are a company women can trust. Premium ingredients, trustworthy values, wholesome supplements from our family to yours.