

Suggested Use:

As a dietary supplement, adults take ½ teaspoon (40 drops) once or twice daily mixed with foods or beverages, or as directed by your healthcare professional. Consuming larger amounts of the daily dose all at once may cause a laxative effect.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: If you are under a physician's care or taking other medication, consult with your health care professional before using this product. Consult with your doctor if you are pregnant, lactating, nursing, or have an existing ulcer.

59693-2301

Allegany Nutrition



liquid ionic TRACE MINERALS

Naturally Balanced from
Utah's Inland Sea

Dietary Supplement

8 FL. OZ. (237ml)

Supplement Facts

Serving size: ½ teaspoon

Serving size per container: 96

Amount per serving	%DV
Magnesium	280 mg 66%
Sodium	4 mg 0%
Potassium	2 mg <2%
Chloride	800 mg 35%
Sulfate	50 mg †
Calcium	1 mg 0%
Boron	1 mg †
Lithium	1 mg †

† Daily Value not established

Ingredients: SolarSea™ 110
(Inland Sea Concentrate)

CAUTION:

DO NOT USE IF TAMPER
SEAL IS BROKEN.

KEEP OUT OF REACH OF
CHILDREN. STORE IN A
COOL, DRY PLACE.

Allegany Nutrition
P.O. Box 70, Allegany, NY 14706
alleganynutrition.com

