



Concentrated from 750 mg of Ashwagandha root **SWOLVERINE'S ASHWAGANDHA GUMMIES** are a non-GMO, gluten-free, vegan formula with added Vitamin D and Zinc to reduce stress and improve overall quality of life. Ashwagandha is an adaptogen. Research show that adaptogens can help you combat long term physical and mental stress, ease depression, and improve sleep. Keep calm and de-stress with **SWOLVERINE'S ASHWAGANDHA GUMMIES**.

SUGGESTED USE Take 1 gummy daily preferably with food or as directed by a healthcare professional.

CAUTION Take only as directed. Do not exceed suggested dosage. Pregnant or nursing mothers, children under 18 or individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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ASHWAGANDHA
VITAMIN D + ZINC + FIBER

SUPPORTS
STRESS*
ENERGY*
WELLNESS*

60 GUMMIES

SWOLVERINE

CHERRY

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Gummy
Servings Per Container: 60

Amount Per Serving	%Daily Value	
Calories 10		
Total Carbohydrate	2 g	1%†
Total Sugars	2 g	**
Includes 2g Added Sugars		4%†
Vitamin D (as ergocalciferol)	100 mcg	500%
Zinc (as zinc citrate)	2 mg	18%
Ashwagandha Root 30:1 Extract	25 mg	**

†Percent Daily Value based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Glucose syrup, sugar, glucose, pectin, citric acid, sodium citrate, natural cherry flavor, spinach powder, and vegetable oil (contains carnauba wax).

Sourced from a GMP certified facility. Formulated in USA.

Manufactured For
Swolverine
4690 Longley Ln., STE 15
Reno, NV 89502

