

Manufactured for Rico-Perez Products, inc.  
2295 Coral Way, Miami, FL 33145  
(800) 633-6799 www.ricoperez.com

**Directions:** Adults take two (2) capsules daily with a meal as a dietary supplement or as recommended by your physician.

**WARNINGS:** KEEP OUT OF THE REACH OF CHILDREN. DO NOT EXCEED RECOMMENDED DOSE. DO NOT USE IF OUTER SEAL IS BROKEN OR MISSING. PROTECT FROM HEAT, LIGHT AND MOISTURE.

**Store at 15-30°C (59-86°F). Keep bottle tightly closed.** When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

PLEASE SCAN  
THE QR CODE



*Dr. Rico Pérez*

Salud en Cuerpo y Alma

**Valerian**

**60 Vegetarian Capsules**

Dietary Supplement

## Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 30**

	Amount Per Serving	% DV
Valerian (Valeriana officinalis) (root)	1,000 mg	*

\* Daily Value (DV) not established.

**Other Ingredients:** Gelatin from Capsule, and Vegetable Magnesium Stearate.

**Free of:** Gluten, Sugar, GMO, milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

Freshness Assured

*Dr. Rico Pérez*

