

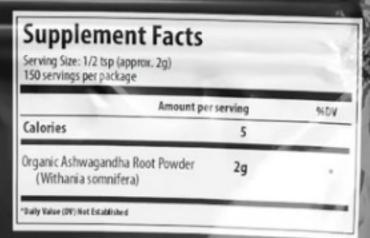
## ORGANIC ASHWA-GANDHA

**POWDER** 



## Organic Ashwagandha Powder

Ashwagandha is one of the most popular adaptogenic herbs, with a long history of use for its powerful effects on the body and mind. As a natural stress reducer and sleep aid, our premium ashwagandha powder is the perfect compliment to your night time routine, helping you wind down at the end of the day.



Note: Store in a cool dry place. This product is packaged by weight, not by volume. 2 grams pers scoop is an average. Scooping technique may vary by individual and may yield slightly more or slightly less than 2 grams. Settling of contents occurs over time and cannot be avoided.









## **HOW TO USE:**

Add to your favorite smoothie, yogurt or shakes, or mix it in hot water to make tea. You can also use it to make your own capsules using a capsule filler.



#MakeHealthHappen



Questions or Comments? 866-445-9040 • HerbAffair.com





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