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ORGANIC
ASHWA-
GANDHA
POWDER



10.58 oz | 300 g

Organic Ashwagandha Powder

Ashwagandha is one of the most popular adaptogenic herbs, with a long history of use for its powerful effects on the body and mind. As a natural stress reducer and sleep aid, our premium ashwagandha powder is the perfect compliment to your night time routine, helping you wind down at the end of the day.



HOW TO USE:

Add to your favorite smoothie, yogurt or shakes, or mix it in hot water to make tea. You can also use it to make your own capsules using a capsule filler.



#MakeHealthHappen

Supplement Facts

Serving Size: 1/2 tsp (approx. 2g)
150 servings per package

	Amount per serving	%DV
Calories	5	
Organic Ashwagandha Root Powder (Withania somnifera)	2g	

*Daily Value (DV) Not Established

Note: Store in a cool dry place. This product is packaged by weight, not by volume. 2 grams per scoop is an average. Scooping technique may vary by individual and may yield slightly more or slightly less than 2 grams. Settling of contents occurs over time and cannot be avoided.

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Questions or Comments?
866-445-9040 • HerbAffair.com



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Manufactured for and distributed by Herb Affair, Libertyville, IL 60048
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