

Unique high-performance formulation provides a scientifically balanced supply of absorbable sodium, potassium, magnesium, and calcium. **Contains 30 mg caffeine for increased energy and alertness, and 100 IU vitamin D to aid in calcium absorption. Sodium citrate soothes the stomach.**[†]

SaltStick® Caps PLUS have been formulated to provide electrolytes to help minimize heat stress and muscle cramping due to perspiration. This product is ideal for endurance athletes, outdoor workers or for use in hot conditions.[†]

SUGGESTED USE: As a dietary supplement, take one (1) capsule with water every 20-60 minutes, during physical activity, for up to fifteen (15) capsules daily. If so desired, capsule contents may be fully dissolved in liquid to create a custom caffeinated electrolyte beverage.

CAUTION: Do not exceed the recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Store contents cool and dry.

Protect and dispense your **SaltStick® Caps PLUS** with these unique accessories: **SaltStick® dispenser** for INSIDE and OUTSIDE of bicycle handlebars and on running belts. **SaltStick® mini dispenser** for road bike handlebars and on running belts.

[§] Electrolyte index: ‰ ratio of sodium-potassium-calcium-magnesium by weight (per mil)

For more information, visit
www.SaltStick.com



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SKU 02-0030

Lot No.



saltstick®
caps **PLUS**



**Buffered Electrolyte Salts
Plus Caffeine & Sodium Citrate**

Helps:

- Reduce Heat Stress[†]**
- Reduce Muscle Cramping[†]**
- Maintain Electrolyte Levels[†]**
- Increase Energy Levels[†]**

Per capsule

30 mg Caffeine	190 mg Na Sodium	53 mg K Potassium	14 mg Ca Calcium	7 mg Mg Magnesium	100 IU Vit.D Vitamin D ₃
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Dietary Supplement
100 Vegetarian Capsules

173•48•13•6[§]

www.SaltStick.com

Supplement Facts
Serving Size 1 Capsule

Each Capsule Contains	%DV
Vitamin D ₃ (cholecalciferol)	100 IU 25%
Calcium	14 mg 1%
(as calcium chloride and calcium gluconate)	
Magnesium	7 mg 2%
(as magnesium citrate and magnesium gluconate)	
Chloride	50 mg 1%
(as potassium chloride and calcium chloride)	
Sodium	190 mg 8%
(as 810 mg sodium citrate)	
Potassium	53 mg 2%
(as potassium citrate and potassium chloride)	
Caffeine.....	30 mg *

Other ingredients: Hypromellose (vegetable capsule), L- leucine, sodium copper chlorophyllin (natural green color).

* Daily value not established

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
DO NOT EAT THE DESSICANT FRESHNESS PACK.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in the USA for:

TOKER ENGINEERING LLC

To report a serious adverse event or for product information: PO Box 4456, Thousand Oaks, CA 91359 USA

Patents pending