

Manufactured for **Rico-Perez Products, Inc.**
2295 Coral Way, Miami, FL 33145
(800) 633-6799 **www.ricoperez.com**

Suggested Use: Take two tablets daily.

Note: If you are pregnant, nursing, have any health condition or are taking any medications, consult your health care practitioner before using this product.

Keep out of reach of children.
Store in a cool, dry place.

Manufactured in a cGMP certified facility.

Made in USA from domestic and foreign materials. 🇺🇸

040221CS



Freshness Assured



Dr. Rico Pérez

Salud en Cuerpo y Alma

B-Complex

90 Tablets

Dietary Supplement

Supplement Facts

Serving Size: 2 Tablets

Amount Per Serving		%DV*
Vitamin C (as ascorbic acid)	750mg	833%
Thiamin (as thiamine HCl)	50mg	4167%
Riboflavin	50mg	3846%
Niacin (as niacinamide)	200mg	1250%
Vitamin B6 (as pyridoxine HCl)	100mg	5882%
Folic Acid	400mg	100%
Vitamin B12 (as cyanocobalamin)	125mg	5208%
Biotin	150mg	500%
Pantothenic Acid (as calcium pantothenate)	200mg	4000%
Calcium (as dicalcium phosphate, calcium pantothenate)	135mg	10%
Phosphorous (as dicalcium phosphate)	94mg	8%
Magnesium (as magnesium oxide)	100mg	24%
Chromium (as chromium chloride)	50mcg	143%
Choline (as choline bitartrate)	100mg	18%
Inositol	100mg	*
Para-aminobenzoic acid (PABA)	50mg	*
Proprietary Herbal Blend:	20mg	*
Passion flower (flower)	10mg	*
Valerian (root)	10mg	*

* Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate, vegetable coating.