

Unique high-performance formulation provides a scientifically balanced supply of absorbable sodium, potassium, magnesium, and calcium. Contains 30 mg caffeine for increased energy and alertness, and 100 IU vitamin D to aid in calcium absorption. Sodium citrate soothes the stomach.†

SaltStick® Caps PLUS have been formulated to provide electrolytes to help minimize heat stress and muscle cramping due to perspiration. This product is ideal for endurance athletes, outdoor workers or for use in hot conditions.†

SUGGESTED USE: As a dietary supplement, take one (1) capsule with water every 20-60 minutes, during physical activity, for up to fifteen (15) capsules daily. If so desired, capsule contents may be fully dissolved in liquid to create a custom caffeinated electrolyte beverage.

CAUTION: Do not exceed the recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Store contents cool and dry.

SaltStick® Caps = a WADA / IOC clean product

Bottles of capsules are available at retailers and at www.SaltStick.com

OTHER PRODUCTS: SaltStick® Dispenser Holds 3 or 6 capsules clean and dry (Mini / Full). 1-Handed twist of the knob to dispense capsule. Fits INSIDE and ON Triathlon, Road, MTB Bars. Snaps on hydration and race belts with versatile clip. **SaltStick® Caps:** Original electrolyte supplement formulation



SKU 02-0040
Patents Pending

Manufactured in the USA for:
TOKER ENGINEERING LLC
Malibu, California

Supplement Facts

Serving Size 1 Capsule

Each Capsule Contains	%DV
Vitamin D ₃ (cholecalciferol)	100 IU 25%
Calcium	14 mg 1%
(as calcium chloride and calcium gluconate)	
Magnesium	7 mg 2%
(as magnesium citrate and magnesium gluconate)	
Chloride	50 mg 1%
(as potassium chloride and calcium chloride)	
Sodium	190 mg 8%
(as 810 mg sodium citrate)	
Potassium	53 mg 2%
(as potassium citrate and potassium chloride)	
Caffeine.....	30 mg *

Other ingredients: Hypromellose (vegetable capsule), L-leucine, sodium copper chlorophyllin (natural green color).

* Daily value not established

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

To report a serious adverse event or for product information:
PO Box 4456, Thousand Oaks, CA 91359 USA

www.SaltStick.com

salt stick®
caps PLUS

**Buffered Electrolyte Salts
Plus Caffeine & Sodium Citrate**

Helps:

Reduce Heat Stress

Reduce Muscle Cramping

Maintain Electrolyte Levels

Increase Energy Levels

Per capsule

30 mg
Caffeine

190 mg
Na
Sodium

53 mg
K
Potassium

14 mg
Ca
Calcium

7 mg
Mg
Magnesium

100 IU
Vit. D
Vitamin D₃

**Dietary Supplement
3 Vegetarian Capsules**

