

Stress Guardian is an adaptogenic blend of 14 botanicals designed to help support resilience during periods of occasional stress.

Directions: Take 3 capsules up to twice daily during periods of occasional stress or as directed by your healthcare practitioner. To enhance effects, take with 1-2 grams of healthy fats such as algae oil, MCT oil, krill oil, or fish oil. Avoid taking after 6 pm as it may interfere with sleep.

Caution: Use only as directed. Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, or training program or if undergoing treatment of a medical condition.

To reorder or contact us please visit: **BIOptimizers.com**.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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OPTIMIZED STRESS SUPPORT*

BIOptimizers™



STRESS GUARDIAN*



VEGAN



GLUTEN-FREE



SOY-FREE

PROMOTES MENTAL RESILIENCE†

90 VEGGIE CAPS | DIETARY SUPPLEMENT
VERSION 1.0

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount Per Serving	% DV
Proprietary Blend	2,001 mg	**
Eleutherococcus (<i>Eleutherococcus senticosus</i>) (root/stem), Astragalus (<i>Astragalus membranaceus</i>) (root), Reishi (<i>Ganoderma lucidum</i>) (fruiting bodies), Fo-Ti (<i>Polygonum multiflorum</i>) (cured root tuber), Goji (<i>Lycium barbarum</i>) (fruit), Licorice (<i>Glycyrrhiza uralensis</i>) (root/rhizome), Schisandra (<i>Schisandra chinensis</i>) (fruit), Asian Ginseng (<i>Panax ginseng</i>) (root), Tienchi Ginseng (<i>Panax notoginseng</i>) (root), Chinese Sage (<i>Salvia miltiorrhiza</i>) (root/rhizome), Kudzu (<i>Peararia lobata</i>) (root), Chinese Peony (<i>Paeonia lactiflora</i> Pall.) (root without bark), Cordyceps (<i>Cordyceps militaris</i>) (fruiting bodies), Rhodiola (<i>Rhodiola rosea</i> L.) (whole plant)		

** Daily Value not established

Other Ingredients: Hypromellose capsule.



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