

Sleep Breakthrough is a powerful, melatonin-free, sleep support formula designed to help you fall asleep, stay asleep, and wake up feeling refreshed.* Sleep Breakthrough targets several areas involved in sleep, including melatonin and GABA pathways, to calm the body and quiet the mind.*

Directions: Use only as directed. Mix 2 scoops (1 tsp) with 4 oz water and consume one hour prior to bedtime. Two scoops is the recommended starting dose. If desired results are not observed, use 1 scoop (1/2 tsp). If desired results are still not observed, use 1/2 scoop (1/4 tsp). While 3 scoops may be appropriate for certain individuals, this quantity may have the opposite effect in others. Results vary by individual and are dose-dependent.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children. Do not operate machinery or a vehicle or otherwise engage in activities that require you to stay alert. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.

Packaged by weight not volume. Settling of contents may occur. Clumping may occur in humid environments. Keep tightly capped and store in a cool, dry location.

To reorder or contact us, please visit: BiOptimizers.com.

Manufactured for BiOptimizers USA, Inc., 5470 Kietzke Lane, Suite 300, Reno, NV 89511.

Manufactured in the USA with domestic and foreign ingredients.

OPTIMIZED
SLEEP SOLUTIONS*

Biooptimizers™



SLEEP BREAKTHROUGH

TROPICAL DREAMS

Naturally Flavored

GET THE BEST SLEEP EVER

NET WT 7.7oz (219.5g) | DIETARY SUPPLEMENT
VERSION 1.0



VEGAN



GLUTEN
FREE



SOY
FREE

Supplement Facts	
Serving Size 2 Scoops (8.78 g) Servings Per Container 25	
Amount Per Serving	%DV*
Calories	20
Vitamin B6 (as Pyridoxal-5-Phosphate)	6 mg 353%
Magnesium (from Magnesium Bisglycinate)	22 mg 5%
Zinc (from Zinc Picoinate)	6 mg 54%
Potassium (from Potassium Gluconate)	33 mg <1%
Glycine	2,900 mg †
Taurine	2,400 mg †
Bamboo Leaf (<i>Phyllostachys viridis</i>) (Leaf Extract)	350 mg †
L-Theanine	200 mg †
Magnolia (<i>Magnolia officinalis</i>) (Bark Extract)	75 mg †
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
†%DV not established.	

Other Ingredients: Strawberry Juice Powder, Organic Natural Flavor, Malic Acid, Calcium Citrate, Pineapple Juice Powder, Thaumatin Powder.
Allergens: None.



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