

Directions: As a dietary supplement, Adult take 2 (two) capsule daily or as directed by your healthcare professional. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY INDIVIDUALS OVER THE AGE OF 18 YEARS.
If you are pregnant, nursing or taking any medications, consult your doctor before use.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN COOL, DRY PLACE AWAY FROM DIRECT SUNLIGHT. TAMPER EVIDENT: DO NOT USE IF OUTER SEAL & SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BenfoPure® is a registered trademark of Hamari Chemicals, Ltd.
Pantesin® is a registered trademark of Kyowa Pharma Chemical Co., Ltd.
Quatrefolic® is a registered trademark of Gnosis S.p.A. Corp.
MecobalActive® is a registered trademark of Interquim S.A.
Vitacholine® is a registered trademark of Balchem Corporation.

High-potency, activated forms of B vitamins to support energy and metabolism, brain, liver, and nerve cell function, and muscle tone in the digestive tract.† BenfoPure® benfotiamine, Quatrefolic® Folate, MecobalActive®, Pantesin® and P-5-P help metabolize homocysteine and support energy production.†

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CAROTEC

ACTIVE B COMPLEX

60 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount per serving	% DV*
Vitamin B1 (as BenfoPure® benfotiamine)	150 mg	12,500%
Vitamin B2 (as riboflavin 5'-phosphate)	20 mg	1538%
Niacinamide	50 mg	313%
Vitamin B5 (as Pantesin® pantethine)	150 mg	3000%
Vitamin B6 (as pyridoxal 5'-phosphate)	20 mg	1177%
Folate (Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	800 mcg	200%
Vitamin B12 (MecobalActive® methylcobalamin)	250 mcg	10,417%
Biotin	250 mcg	833%
Choline (as VitaCholine® bitartrate)	370 mg	66%

*Percent Daily Values (DV) established on a 2000 calories diet

Other Ingredients: Vegetable Capsule (Hypromellulose) and cellulose.

Manufactured for and Distributed by Carotec, Inc

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